


Crackers

COSMOPOLITAN CLUB OF SANTA BARBARA INC.

Vol. LVI No.14

Editor: Jim Munroe

Access the Cosmo website
<http://sbcosmo.com>
for current and archived issues of
Crackers and special events
information

	<i>Crackers Editor</i>
	Next Meeting: February 4, 2010
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Next Program

February 4 Russell McGlothin
"Flowing in a New Direction - Emerging Trends in California's Water Supply"

Mr. McGlothin received his law degree from the University of Michigan and has been a partner in the Santa Barbara law firm of Brownstein Hyatt Farber Schreck, LLP for the past decade. His career is focused on water, energy, and other natural resources and he has represented numerous companies, municipalities, special districts, and individual landowners regarding these issues. He is also the author of several chapters on ground water management in the California Groundwater Management Handbook, and speaks regularly on topics regarding water resources. Jim Shaw will make the introduction.



Future Programs

February 18 Hillary Hauser, Executive Director,
"Heal the Ocean"
"Ocean Pollution – Going Deep with High Tech"

Heal the Ocean is committed to ending ocean pollution. Hillary Hauser has been a writer/journalist/news reporter since 1968, with published books about the sea and under water exploration, and magazine articles including National Geographic, Geo, Islands, The Surfer's Journal, Reader's Digest and the Los Angeles Times. From 1969 through 1977 she was West Coast stringer for Ocean Science News, Washington D.C., and from 1981-1986 was ocean/marine reporter for the Santa Barbara News-Press. She also was the former music critic for the Santa Barbara News-Press and is a long-time classical pianist. Mead Northrop will introduce.



March 4 Robert Rauchhaus,
"Asst. Professor of Political Science, UCSB"
"Iraq and Afghanistan, and the War on Terrorism"

Dr. Rauchhaus' research focuses on the formulation and implementation of strategy under conditions of uncertainty, risk, and strategic interaction. His recent publications and courses apply strategic choice theory to military strategy, national security policy, and conflict management. His expertise in national security policy stems from his academic training, as well as practical experience gained from military service, law enforcement and work in the defense industry. Prior to joining the faculty at UCSB in 2003, Dr. Rauchhaus was a management consultant with McKinsey and Company. Introduction by George Handler.

March 18 Dr. Robert Failing, "Climbing the World's Highest Mountains"

April 1 Santa Barbara Mayor Helene Schneider

April 15 Dr. Minxin Pei, "China's Challenges in the Next decade"

May 6 John Burgee (architecture) (Ladies Day)

Wine Drawing

Mike Rodrigue scored a Summerland Winery 2006 Merlot and Jerry Homan took home a bottle of Summerland 2007 Pinot Noir.





Welcome Our Guests

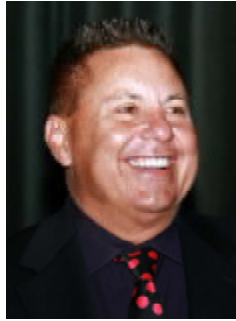
None – but a tip of the umbrella to the many Cosmo members who braved seriously inclement conditions to attend.

WELCOME NEW MEMBERS

Gary A. Georges

3463 State Street, # 227
SB 93105
805-729-3893
gmangeorges@live.com

Gary Georges was born in El Paso, Texas. A Santa Barbara resident since 1962, he recently retired from a career in finish carpentry. His interests are music and the arts, along with golf and tennis. Gary was President of the Glen Annie Men's Club for seven years, and lists karaoke DJ as a minor occupation. Bill Montag, Ron Singer, and John Mackenzie are sponsors.



Frank I. Katch

5043 Via Lara Lane
SB 93111
805-964-2734
fkatch@mac.com

Originally from Los Angeles, Frank Katch and wife Kerry have sons Daniel and Kevin and daughter Ellen. They have been residents of Santa Barbara since his retirement in 2002. Frank was a professor at the University of Massachusetts for 32 years, where he was chair and graduate program director of Exercise Science. His interests are golf, writing, reading, hiking, and computers. Frank earned a PhD in physical education/physiology. He has written 20 books, and served as a fitness consultant to the NBA, MLB, NFL, and Olympic Committee. Frank's sponsors are: Ron Singer, Pete Kruse, and Thore Edgren.



Curtis W. 'Curt' Whiteman

1286 Casitas Pass Rd.
Carpinteria, CA 93013
805-684-1034
whiteman@westmont.edu

Curt Whiteman was born in Corry, Pennsylvania. He and wife Erylne have one son and one daughter. He earned a Ph.D. in historical theology from Saint Louis University, and joined the Westmont College faculty in 1973. He retired his professorship in 2007. His interests are college football and polo, and he horseback rides for therapy. His sponsors are Ron Singer, Pete Kruse, and Thore Edgren.



Regular Events

Bridge

Winners on January 21
Robin Durkee 3170
Herb Friedman 3160
Pres Gould 2650



Please join us for FUN Bridge. We gather upstairs after all regular meetings and play until 3:30 PM. Contact Pres Gould at 964-6568 or pwgould@cox.net

Tennis

The tennis group plays doubles twice a week, and all tennis players are invited to participate. We play at a private court in Shadow Hills starting at 8:00 AM Mondays and Thursdays. Contact Bruce Long, (805) 692-4072, or bruce93103@cox.net, or Walter Mead at (805) 682-3045.



Computer Society

Meets monthly upstairs at the Elks Club on the third Tuesday. Discussion starts at 10:00 AM. The feature presentation starts at 10:30 AM, concluding with a no-host fellowship luncheon in the Elks Grill. All COSMO members are welcome. Jim Stubchaer & Bob Gerity: Program Co-Chairs; Howard Glenn: Chair (805) 967-2633 or hbglenn@cox.net.



S.A.G.E. Investment Group

Meets at 10 AM on the first Tuesday of each month at the Elks Club on the 2nd floor, followed by a no-host lunch in the grill downstairs. S. A. G. E. does not select or buy stocks. Dick Evans, Chairman (805) 967-6930 or dickevans@mac.com.



Golf

Mondays - Santa Barbara Golf Club (Muni). Tee times from 9:30 AM to 11:00 AM. Regular senior rate is \$25 for 18 holes, not including cart. Contact Ron Singer 684-1355, rsinger916@aol.com by Friday before the Monday to secure your tee time.



Mondays - Twin Lakes (Par 29) – Work on your short game, each Monday at 9:00 AM.

Wednesdays at Ocean Meadows (Par 36) - Work on your long-ball skills, each Wednesday at 8:30 AM.

Fridays at a variety of nearby courses - Contact Ron Singer to get on his e-mail list to be notified of the next "Floating Golf Game". Locations have included La Purisma, Glen Annie, Soule Park, and Rancho San Marcos.

Special Events

Note to Event Chairmen: Please consider submitting pictures (identify subjects if possible) and after-action narrative on your special event to Crackers so we can share your group experience with members who did not participate. Please send this material via email to Jim Munroe, jmsmpin@cox.net.

Wednesday, February 17

VANDENBERG AFB. There is still some room on the bus for **an 8:15 departure**. Returning about 4 pm. A tour of Vandenberg AFB has been arranged for a total cost of \$30/person including bus transportation to/from the Elks Club. No host lunch will be available at the Officers Club. Wives and friends are invited. Call Harry Stroud for questions and to sign up: 653-5117.



April 19-22, (Monday-Thursday)

LAS VEGAS. Celebrate the new decade with a trip to Las Vegas. Our junket departs by bus on Monday, April 19 and returns Thursday, April 22. The cost is \$460 per couple for bus transport, baggage handling, refreshments, gratuities and three nights lodging at Treasure Island. Golf chair Ron Singer is arranging a golf tournament for attending golfers. Optional show tickets are offered. Call Harry Stroud, 653-5117, to book your reservation. For those with reservations, please send your check made out to the Cosmopolitan Club to Harry Stroud, 3778 W. Pacific Coast Highway, Ventura, CA 93001.



Saturday, April 24

A Private Car Rail Trip: Santa Barbara/San Luis Obispo/Santa Barbara

Enjoy a day's trip to and from San Luis Obispo in a 1949 Club Lounge Railway Car. The car will pass through some of the most scenic areas on the Coast Route. Much of this can be seen only from the train, as there are no public roads from Gaviota to the northern end of Vandenberg Air Force Base. Experienced Guide/Interpreters will be on the trip to enhance your tour. A limited complimentary food/beverage service of chips and dip or cheese and crackers, plus an assortment of sodas, will be offered. There will be a short (75 minutes) layover in San Luis Obispo. The trip will depart from both the Santa Barbara Station and the Goleta Station. The date is Saturday, April 24 departing SBA at 10:15 AM and returning at 4:30 PM. Space is limited to 36 people. For this reason, we must limit participation to one guest per member. The cost is estimated to be in the range of \$40-\$50/person. A second trip is tentatively scheduled for Saturday, May 22. Reservations will be on the basis of first come-first served. Full payment will be required one month in advance of the trip. Call Don Chalfant with questions: 687 3478.



May 29, (Saturday)

LA PHILHARMONIC Performance in the acoustically superb Disney Concert Hall at 2:00 PM. Cost is \$120/person. A deposit of \$25 is required now to reserve your ticket. The balance of \$95 is not due until April 1. Our bus departs the Elks Club at 11:00 AM with a stop at IHOP in Carpinteria, and returns at 6:00 PM. Lunch is not included but is available at the Disney Hall Cafe. The concert consists of Dutilleux's Metaboles, Scriabin's The Poem of Ecstasy and Violinist Julian Rachlin performing Sibelius's Violin Concerto. Lionel Bringuier is guest conductor. Contact Thore Edgren at 967-4001 or theman3@cox.net to make reservations. Tickets are limited. Please contact Thore promptly so that he can finalize our reservation. Tickets will be allocated to those who have made the \$25 deposit.



Cosmo Member Ailing?

If you learn of one of our members suffering from illness or injury, please notify Don Terrell, 687-8481 or wtdt84@cox.net. Don will arrange to send a Cosmo 'Get Well' card wishing our member a quick rebound.

Last Meeting: January 21

President Ron extended kudos to Ted Ross & Paul Fink (meal tickets), Bill Sheehan (punchbowl), Sherm Starr (piano) and Harold Englund (invocation).



Gordon Bjork introduced guest speaker Dr. Bruce Phillips, PhD, from the faculty of the University of Pittsburgh School of Medicine, and UCSB as a visiting professor, a virologist working in the area of Molecular Cell and Genetic Development. In remarks titled "2009 (Swine) H1N1 Influenza – Why the Fuss?" Dr. Phillips described the timeline and intensity of the 1918-19 flu pandemic (worldwide epidemic) that serves as the model against which outbreaks are measured. During a 3-month period mid-year 1918, the death rate evidenced a significant spike which then declined. Late 1918 going into early spring 1919 there was a huge jump in the death rate, approaching three times the intensity experienced in the first spike. By summer the rate had again declined only to ramp up again in a third and final spike equal to the first. Our current H1N1 pandemic shows similarities to 1918-19, but the mortality rates are much lower. More

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common seasonal flues do not exhibit the stage one and three mortality spikes.

The flu virus produces viral H and N proteins that attach to human cells. The H protein serves as the Trojan horse to gain access to the cell. Our immune system produces antibodies that block this cell access. Vaccine is produced from the H and N proteins. There is no record of a human catching the flu from the vaccine. There are 15 categories of H protein and nine of N, but only H1, H2, H3, N1 and N2 pose serious threats to human health.

Flu viruses are prone to 'drift' which means they mutate frequently, but with only minor changes in the H protein that allows standard vaccines to remain effective. However, about every 10-12 years, a 'shift' occurs in which the mutation results in a significant new H protein that requires the development of a whole new vaccine to combat. Our current pandemic is the H1N1 variety that Dr. Phillips subtitled the Mexican swine flu. Swine are the animals most susceptible to viral infections.

Dr. Phillips urged everyone to get both the seasonal and H1N1 flu shots. He noted the current pandemic is in the dormant stage following a large spike. If a third spike cycle will occur, evidence should begin to mount shortly. Gargling, nasal flushes, Vitamin C and drinking warm liquids may make you feel better, but have absolutely no combative affect on viral infections.

Overview of 2010 Special Events:

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| Feb.17 | Vandenberg Air Base Tour |
| Mar.12 | SBCC Gourmet Dinner |
| Apr.6 | Spring Dinner Dance |
| Apr.19-22 | Las Vegas, Treasure Island |
| Apr 24 | Private Rail Car to SLO |
| May 6 | Ladies Day Luncheon |
| May 29 | LA Philharmonic at Disney Hall, LA. |
| June (?) | Norton Simon Museum and Garden Cafe |
| July 1 | July 4th Picnic Manning Park |
| July (?) | Circle Bar B Ranch dinner and show |
| Aug (?) | Solvang Theaterfest, West Side Story, dinner and lodging at Petersen Village Inn |

