



Crackers

COSMOPOLITAN CLUB OF SANTA BARBARA INC.

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Crackers Editor

Access the COSMO website at
<http://sbcosmo.com>
 for current and archived issues of CRACKERS

Cosmo Member Ailing

If you learn of one of our members suffering from illness or injury, please notify Mead Northrop, 964-9786, mfnsb@cox.net.

Meeting Staff

Ticket Sellers: Dan Cross & Marv Norman
 Punch Bowl: Don Archer
 Invocation: Joe O'Brian
 Sgt.-at-Arms: John Rasmussen

Next Meeting

April 18, 2013

Dan Curhan, MD, "Cancer of the Prostate"

Prostate cancer in the US is the most common cancer in men and causes about 30,000 deaths per year (second only to lung cancer). More than 80% of men will develop prostate cancer by age 80, and if they live long enough the incidence approaches 100%. However, in many cases prostate cancer is slow growing and relatively harmless and treatment in such men exposes them to adverse effects with little chance of extending their quality or quantity of life. Methods are now available that will help determine which cases require more aggressive treatment.



Dr. Curhan graduated from Michigan State University and Medical School at the University of Michigan. He then spent 2 years in a general surgical residency at the Maine Medical Center, and then 4 years in a urologic residency at Boston University. Since 1989 he has been a practicing urologic surgeon at the Sansum Clinic in Santa Barbara. James Shaw will introduce.

Future Meetings

May 2, 2013

SB County Senior Deputy DA Vicki Johnson

"Senior Scams – Fighting Back"

Financial abuse of seniors is so rampant it is being called the crime of the 21st century by the California Attorney General's Office. Our elderly citizens lose close to \$3 billion dollars a year to fraudulent investment schemes. Ms. Johnson's presentation identifies scams operating in our community, including identity theft, internet fraud, telemarketing and sweepstakes scams, caretaker fraud and insurance fraud. She will describe how these scams dupe unsuspecting victims, how you can protect yourself and family from being targeted, and how to report suspected fraudulent activity.

Vicki Johnson is a Senior Deputy District Attorney with the Santa Barbara County District Attorney's Office. A graduate of UCLA, she taught elementary school in South Central Los Angeles and Santa Barbara before obtaining her law degree from the Santa Barbara College of Law. She has been a prosecutor for over 20 years, and has handled a wide variety of cases including identity theft, welfare and insurance fraud, domestic violence, child abuse, assault and battery, criminal threats and murder.

Ms. Johnson will be introduced by John MacKenzie.

Senior Advisory Committee

Marty Tucker reported on new Telephone access services available at the Carrillo center for those with hearing impairments. Also a class is available on Caregiver Education.

May 16, 2013 Ladies' Day

Joyce McCullough



"Santa Barbara - Habitat for Humanity"

During Joyce McCullough's 10-year leadership as Executive Director of Habitat for Humanity of Southern Santa Barbara, Habitat has completed seven homes and participated in numerous collaborative projects. Additionally, Habitat has renovated several homes in the area, from Goleta to Carpinteria through its program "A Brush with Kindness."



Joyce directs six staff and over 1,000 community volunteers' efforts and is responsible for the stewardship of the low-income families that Habitat serves. In 2008, Habitat opened the ReStore, a 10,000 square foot store that sells donated, re-usable building materials, providing revenue to support the administrative activities of the affiliate.

The current Habitat building project consists of 12 environmentally-friendly condominiums to be located on Canon Perdido near Milpas. Construction began in December 2012, with anticipated move-in completion in 2014. Habitat selected and approved the partner families who will purchase these homes, and adult family members have begun working their required 250 hours of "sweat equity", and by attending classes on financial literacy and homeowner responsibilities.

Joyce and husband Bill have two grown children and several grandchildren in their 40+ years of marriage. In 2008, she was awarded the 2008 Human Services Professional of the Year from the City of Goleta.

Please note that it is necessary to sign-up and pay for this before the event as no tickets will be sold on May 16. (please insert photo of Joyce McCullough)

June 6, 2013

Andrew Binder, MD

"Doc I'm Tired of Being Tired. What Your Doctor May Not Know About Sleep Disorders"

Andrew Binder, MD, graduated from Williams College magna cum laude, and from Harvard Medical School where he was elected to the prestigious Aesculapian Society. He did specialty training in Internal Medicine at the University of Washington where he served as a Chief Resident in its esteemed Department of Medicine in 1974-75. Subsequently, Dr. Binder was a Research Fellow in Chest and Cardiovascular diseases at the University of California, San Francisco.

Dr. Binder joined the staff of the Santa Barbara Medical Foundation Clinic in 1980. He practiced pulmonary and critical care medicine in our local hospitals until 1998 when he limited his practice to sleep medicine. He has published numerous papers, holds three patents for medical devices and was named Cottage Hospital's Distinguished Physician in 1993. Dr. Binder is certified by the American Board of Internal Medicine and holds subspecialty certificates in Pulmonary Medicine, Critical Care Medicine and Sleep Medicine. A Clinical Associate Professor of Medicine at USC, he currently serves as the Medical Director of the Ventura Sleep Disorder Center.

Wine Drawing

Conducted by Bob Zimels



Bill Isbell won a 2009 Melrose Viognier and Jim Dow drew a 2010 Viansa Zinfandel.



Herb Friedman introduced our guests

- John Ackerman hosted by Jay Smith
- Frank Blue hosted by Mike Rodrique
- Chuck Oneto Gaspare hosted by Steve Little



Tom Bruice

1141 Via Del Rey, Goleta, Ca. 93117
805-964-2048
tcbruice@chem.ucsb.edu



Tom was born in L.A. and grew up in the McKinley Home for Boys. After serving in the Navy in the Pacific theater during WWII, Tom graduated from L.A.C.C. and U.S.C. with B.S. and Phd. Degrees. He was an instructor in Biochemistry at Yale, Johns Hopkins and Cornell. Tom completed post-doctoral work at U.C.L.A. and moved to U.C.S.B. as a full professor in 1964. To his credit he has over 600 publications. Tom is a member of the National Academy of Arts and Sciences and a fellow of the Royal Academy of Science. Tom is one of the 50 most cited scientists in the world. Tom and his wife of 42 years, Paula, have six children. The Bruices are very strong supporters of theatre and music in Santa Barbara. Tom was introduced by Harv Turner, one of his sponsors.



Tom Sneddon

161 Sierra Vista Rd.
Santa Barbara, Ca. 93108
805-565-1070
email: tsneddon@cox.net



A.B. Clarke introduced his sponsee, Tom Sneddon. Tom received his B.A. degree from Notre Dame, his J.D. degree from U.C.L.A. Law School and a Masters Degree in Public Administration from Harvard. Tom was a career law enforcement officer and served as Santa Barbara County District Attorney for over 30 years. Tom is a long hitting golfer and plays softball and monopoly. He and his wife have 9 children and 13 grandchildren.

Proposed for Membership

Frank W. Blue
126 Via Alicia, SB 93108
805-565-0378, mendes1941@yahoo.com

A career attorney, Frank hails from St. Louis. Following six years in the U.S. Army's JAG Corps, Frank embedded his career with Caltex Petroleum, an international oil and gas refiner and marketer. At his retirement 27 years later, he served as Corporate Secretary and General Counsel. He joined Houston-based international law firm Fulbright & Jaworski for several years prior to opting to be his own boss. He and wife Lida have one son and moved to Santa Barbara in 2004. Frank enjoys reading, hiking, travel and golf. His sponsors are Mike Rodrigue, George Surmeier and Kent Cullen.

Edward A. 'Ed' Bookin
5616 Berkeley Rd., Goleta 93117
805-683-9429, ebookin@verizon.net

From the Hawkeye State, Ed is a civil engineer by education and career track. Following a 4-year U. S. Air Force stint at Fairchild AFB, he established his own firm providing civil engineering, construction and contract administration services. In the mid-1990s he consulted to UCSB as Facilities Project Engineer. Ed fully retired in 2011. He and wife Marika moved to Santa Barbara in 1992 and have one daughter. He's a devotee of classical music, enjoys reading, investing, applying his skills to home improvement projects, and playing tennis and jogging. His sponsors are Jim Schelling, Harry Stroud and Dick Grossgold.

Regular Events

Bridge

Join us for FUN Bridge upstairs at the Elks Club after all regular meetings; we play until 3:30 PM.



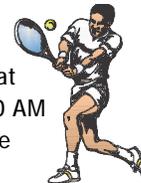
Chairman Steve Morgan, 637-1332, or smmphd@cox.net; Co-chair Ed Loper, 967-8630, oliveloper@cox.net. The winners for the March 3 game were:

1 st place: Ralph Edebo	4270
2 nd place: Ed Loper	3800
3 rd place: Dave Kain	3590
4 th place: Hugh Vos	2510

Join us for FUN Bridge upstairs at the Elks Club after all regular meetings; we play until 3:30 PM. Chairman Steve Morgan, 637-1332, or smmphd@cox.net.

Tennis

The tennis group plays doubles twice a week at a private court in Shadow Hills starting at 8:00 AM Mondays and Thursdays. All tennis players are invited to participate. Contact Bruce Long (805) 692-4072 or bruce93103@cox.net.



Cosmo Computer Society

Cosmo Computer Society meets monthly on the third Tuesday, upstairs at the Elks Club. Discussion starts at 10:00 AM, and a feature presentation starts at 10:30 AM, concluding with a no-host fellowship luncheon in the Elks Grill. All COSMO members are welcome. Bob Gerity, Program Chair, Howard Glenn, Chair. 967-2633, hbglennc@cox.net.



S.A.G.E. Investment Group

S.A.G.E. meets monthly at 10 AM on the first Tuesday at the Elks Club, followed by a no-host lunch in the grill downstairs. At S.A.G.E. we discuss past and possible future trends in the economy and the stock market. We would welcome your participation. Co-Chairs: Dick Evans, 967- 6930, dickevans@mac.com and Walter Naumann, 448-5061, wjnaumann@aol.com.



Golf

Mondays - Santa Barbara Golf Club (Muni). Tee times from 9:30 AM to 11:00 AM. Regular walking senior rate is \$25 for 18 holes. Contact Ron Singer (805) 684-1355 or rsinger916@aol.com by prior Friday for your tee time. Twin Lakes (Par 29) at 9:00 AM. Work on your short game. These outings are a great way to gain new members, so invite your friends.



Wednesdays – Ocean Meadows (Par 36) at 8:30 AM. Work on your long-ball skills.

Additional play at various courses - Contact Ron Singer to get on the e-mail notification list for the Floating Golf Game Circuit. Mondays are usually at Muni, Wednesdays

are often at Glen Annie, and Friday locations have included La Purisma, Glen Annie, Soule Park, and Rancho San Marcos. A. B. Clark and Steven Stonefield will select the floating golf game sites, so you may contact either of them. Ron Singer, Golf Chair: rsinger916@aol.com.

Wednesday, May 8 Montecito CC Golf Outing

Join us for another golf event at the beautiful and challenging Montecito Country Club. Your \$51.00 price tag includes buffet lunch at 12 noon, shotgun- scramble format round of golf starting at 1:00 pm followed by post-round finger food snacks and cash prizes for 1st, 2nd and 3rd place teams. Contact event chair Marty Tucker, 969-0760, tuckmet@aol.com for further details. Send your check payable to Cosmopolitan Club of Santa Barbara to Marty at POB 1192, Summerland 93067...and please include your handicap.

Upcoming Special Events

**Sunday, April 28, 2013
Opera Matinee**



Brunch at La Cumbre Country Club at Noon, followed by a 2:30 pm presentation of "Don Pasquale" by Donizetti at the Granada Theater. Cost per person of \$90 includes brunch and tickets to the opera. Please Contact Fred Sidon, 967-6757 or email: fsidon@impulse.net

**Sunday, June 23, 2013
Fiddler on the Roof**



Thore Edgren is organizing an outing for all members and significant others to attend a production of Fiddler on the Roof at the Solvang Theater. Overnight accommodations will be available at the Petersen Inn in Solvang. Please see Thore at the May and June meetings to sign up for this event.

**Thursday, July 4, 2013
July 4th Picnic**



Picnic for all members and significant others starts at 11 am at Tuckers Grove, Cathedral Oaks and Turnpike. Please purchase tickets in advance from Bob Zimels at the May and June meetings. BYOB as the caterer does not have a license.

**Last Meeting
April 4, 2013**



Bernie Schaeffer

The Great White Fleet

Jim Shaw introduced our speaker, Bernie Schaeffer, whose presentation was in the form of a travelogue, based on the Log Book of his uncle, Phil Schaeffer, who ran away from home and joined the Navy at age 18. Phil Schaeffer served on the USS Ohio, built in San Francisco and launched in 1901. The ship was 393 feet long compared to ships 1000 feet long today. The Great White Fleet was a nickname for the ships of the USN battle fleet that completed a circumnavigation of the globe from December, 1907 to February, 1909 by order of President Theodore Roosevelt. The fleet consisted of 16 battleships, including the USS Ohio, and various escorts that were all painted white. The purpose was to demonstrate American military power and its blue water navy for the purpose of enforcing treaties and to protect overseas holdings.

The voyage was 14 months at sea. They left Hampton Roads, Va. and sailed to Puget Sound, San Francisco to Manila and back to Hampton Roads to impress the Japanese with U.S. power. The scope of the voyage was 43,000 miles, 20 ports of call on six continents. The Fleet Commander was Rear Admiral R. Evans.

There were several "firsts" on the voyage, including the first use of wireless telephone, the invention of Dr. Deforest. The fleet landed in Hawaii, scouted and planned Pearl Harbor. These were some of the first coal powered ships, which were built from 1890 to 1905. On January, 13, 1908 the first mail ship joined the fleet. 1908 was a very progressive era; Thomas Edison said, "Anything, everything is possible."

The voyage required massive coordination before the Panama Canal was completed in 1914. Getting around the tip of South America was a challenge. They had to go through the Straits of Magellan at the tip of South America which added 6,000 miles to the voyage through very difficult currents and wind conditions.

The Log Book is replete with explanations of the duties at sea and activities on board. These included boxing matches, boat races between the USS Illinois and the USS Minnesota, bull fights in Lima, Peru and firing drills in Magdalena Bay, Mexico.

The fleet arrived in San Diego on April 14, 1908 and anchored at the Hotel del Coronado. They sailed up the coast to Long Beach, Redondo Beach, San Pedro and Santa Monica. The fleet anchored in Santa Barbara on April 25, 1908. Santa Barbara was then a town of 10,000 residents, and Sterns Wharf had been built in 1887. There was a flower parade in Santa Barbara where the sailors had flowers in the muzzles of their guns. Members of the fleet played baseball with the locals and swam in the harbor.

More than 300 sailors deserted the fleet during the voyage; 200 of those stayed in California to marry. The Great White Fleet was met with great enthusiasm in all of the ports of call. The mission was accomplished in 14 months to demonstrate American sea power and returned to Hampton Roads.

It was the longest fleet to ever circumnavigate the globe.