



# Crackers

COSMOPOLITAN CLUB OF SANTA BARBARA INC.

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Editor: Sandy Jones



Crackers Editor

Next Meeting: **March 7, 2013**

Next Editor: Pete Kruse

Phone: (805) 687-2405

E-Mail: [sbpete8@gmail.com](mailto:sbpete8@gmail.com)

Next Sgt. at Arms: John Rasmussen

Phone: (805) 682-4972

E-Mail: [jlrasussen@cox.net](mailto:jlrasussen@cox.net)

## Future Meetings

**March 7, 2013**

**Brett Gidney, MD**

**"Cardiac Rhythm Disorders"**

Heart rhythm disorders are among the most undertreated conditions in medicine, and atrial fibrillation, the most common rhythm disorder, affects 1 in 4 over the age of 40. One of the complications of this irregular rhythm is blood clot formation in the heart which can break loose and travel to anyplace in the body including the brain where it can cause major strokes and other serious medical problems. Anticoagulants, mainly Coumadin which may be taken orally, can prevent clot formation, but must be frequently monitored by blood tests.

Dr. Bret Gidney went to medical school at Albert Einstein University in NY, served his internship and residency in internal medicine at Cottage Hospital, and did fellowships in cardiovascular disease at Kaiser UCLA and cardiac electrophysiology at Harbor UCLA medical centers. He subsequently was an attending physician at the Pacific Rim Research Center and for the past year he has practiced at the Heart Rhythm Center in Santa Barbara. James Shaw will introduce.

**Mar 21, 2013**

**Club Members Exhibition of Members Hobbies**

All members who have special interests such as Woodworking, Art Painting, Winemaking, Photography, Sculpturing, Gardening, Pottery, Jewelry Making, Ceramics, Collections, etc. are encouraged to participate in this special meeting. All items will be displayed on tables, freestanding panels or the floor. Thore Edgren has prepared a questionnaire to be completed by the participants, which asks for each participant to describe his exhibit. The questionnaire is enclosed on page 6 for you to fill out and send to Thore. He asks if anyone could provide a truck or SUV to haul panels that are now in storage. Thore Edgren, 967- 4001, [theman3@cox.net](mailto:theman3@cox.net).

**Apr 4, 2013**

**Bernie Schaefer**

**"The Great White Fleet"**

**Apr 18, 2013**

**Dan Curhan, MD**

**"Cancer of the Prostate"**

Access the COSMO website at  
<http://sbcosmo.com>  
for current and archived issues of CRACKERS

## Cosmo Member Ailing

If you learn of one of our members suffering from illness or injury, please notify Mead Northrop, 964-9786, [mfnsb@cox.net](mailto:mfnsb@cox.net).

## Meeting Staff

Ticket Sellers: Dale Carpenter & Bon Thompson

Punch Bowl: Kent Cullen & Jim Gravitt

Invocation: Kurt Whitemam

Sgt.-at-Arms: Walt Clapp

## Spring Dinner-Dance

President Northrop urged members to e mail commitments as soon as possible to preserve this traditional event that is always an annual highlight

## An Invitation from Trauma Center Speaker Dr. Steven Kaminski

It was a pleasure to talk to the group which I can easily see myself a member of if things play out the way I hope with a long career here in Santa Barbara. I wanted to extend to any of your members the opportunity to take a tour or walk through the trauma pathway a patient takes in the new hospital. Again, thanks, and my pleasure.  
[skaminski@sbch.org](mailto:skaminski@sbch.org)

## Wine Drawing

conducted by Bob Zimels

Harvey Stancer won a Rienway Willamette Valley Pinot Blanc 2011

Bob Zimels – to a chorus of boos – claimed the Viansa Sonoma County 2010 Zinfandel for himself



Ray Rosecrans introduced our guests:  
 Dale Bennett, hosted by Manny Espig  
 Frank Rierson, hosted by Dennis Gaon  
 Ed Bookin, hosted by Jim Shelling  
 Larry DuBois, hosted by Bill Berry  
 Tom Bruice, hosted by Harv Turner  
 Joe Schomer, hosted by Bob Zimels



Mead Northrop introduced Bob Reid:

With his wife Patricia, Bob settled in Santa Barbara in 1971. Born in Milan, Italy, he majored in English before pursuing his medical education and specialty in OB-GYN medicine. Before retiring in 2009, Bob's career spanned 25 years as an OB-GYN physician with the Cottage Hospital System, adding additional duty as Physician Administrator. He was Santa Barbara's Physician of the Year in 2006, and served as President of the Calif. Medical Assn. in 1998-99. The couple raised 4 children. Bob enjoys writing and gourmet dining.

Robert "Bob" Reid  
 1036 Calle Sastre, Apt. B, SB 93105  
 |805-682-3082, [reidz2@cox.net](mailto:reidz2@cox.net)

Kent Cullen introduced Dick Lim:

Born in Manila, Philippines, Dick is a physician who specialized in Thoracic and Cardiovascular Surgery, heading that department for Sansum Clinic until he retired in 1994. He and wife Catherine settled in Santa Barbara in 1966, raising 4 sons and 4 daughters. Dick is a tennis player.

Richard A. 'Dick' Lim  
 977 Via Los Padres, SB 93111  
 805-964-4457, [dickforrest@earthlink.net](mailto:dickforrest@earthlink.net)

**In Memoriam**

A member since 2008, Bob Buegler passed away on February 7. Cosmo extends its deepest sympathies to his wife Marion and family.

## Regular Events

### Bridge

Join us for FUN Bridge upstairs at the Elks Club after all regular meetings; we play until 3:30 PM. Chairman Steve Morgan, 637-1332, or [smmphd@cox.net](mailto:smmphd@cox.net); Co-chair Ed Loper, 967-8630, [oliveloper@cox.net](mailto:oliveloper@cox.net).



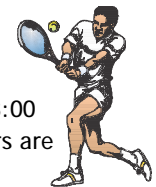
The winners for the February 21 game were:

- 1<sup>st</sup> place: Howard Glenn 3080
- 2<sup>nd</sup> place: Ralph Edebo 2890
- 3<sup>rd</sup> place: Ed Loper 2290

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### Tennis

The tennis group plays doubles twice a week at a private court in Shadow Hills starting at 8:00 AM Mondays and Thursdays. All tennis players are invited to participate.



Contact Bruce Long (805) 692-4072 or [bruce93103@cox.net](mailto:bruce93103@cox.net).

### Cosmo Computer Society

Cosmo Computer Society meets monthly on the third Tuesday, upstairs at the Elks Club. Discussion starts at 10:00 AM, and a feature presentation starts at 10:30 AM, concluding with a no-host fellowship luncheon in the Elks Grill. All COSMO members are welcome. Bob Gerity, Program Chair, Howard Glenn, Chair. 967-2633, [hbglennc@cox.net](mailto:hbglennc@cox.net).



### S.A.G.E. Investment Group

S.A.G.E. meets monthly at 10 AM on the first Tuesday at the Elks Club, followed by a no-host lunch in the grill downstairs. At S.A.G.E. we discuss past and possible future trends in the economy and the stock market. We would welcome your participation. Co-Chairs: Dick Evans, 967- 6930, [dickevans@mac.com](mailto:dickevans@mac.com) and Walter Naumann, 448-5061, [wjnaumann@aol.com](mailto:wjnaumann@aol.com).



### Golf

#### Mondays

Santa Barbara Golf Club (Muni). Tee times from 9:30 AM to 11:00 AM. Regular walking senior rate is \$25 for 18 holes. Contact Ron Singer (805) 684-1355 or [rsinger916@aol.com](mailto:rsinger916@aol.com) by prior Friday for your tee time. Twin Lakes (Par 29) at 9:00 AM. Work on your short game. These outings are a great way to gain new members, so invite your friends.



**Wednesdays**

Ocean Meadows (Par 36) at 8:30 AM. Work on your long-ball skills.

**Additional play at various courses**

Contact Ron Singer to get on the e-mail notification list for the Floating Golf Game Circuit. Mondays are usually at Muni, Wednesdays are often at Glen Annie, and Friday locations have included La Purisma, Glen Annie, Soule Park, and Rancho San Marcos. A. B. Clark and Steven Stonefield will select the floating golf game sites, so you may contact either of them. Ron Singer, Golf Chair: [rsinger916@aol.com](mailto:rsinger916@aol.com).

**Upcoming 2013 Golf Tourneys at Montecito Country Club** - Available dates are March 13th, May 8th, July 10th, Sept. 11th and Nov. 13th. Please let Marty Tucker know which date(s) you might be interested in playing. Marty Tucker, [tuckmet@aol.com](mailto:tuckmet@aol.com).

**Upcoming Special Events**

**Sunday, March 17, 2013**

**Santa Barbara Symphony Luncheon & Concert**

We will enjoy lunch at Andersen's Danish Bakery & Restaurant (one block from the Granada - park once for both venues) in a private dining room, and then adjourn to the Granada where we will be seated as one group in the up-front Orchestra Section for an exceptional concert.

With a world premiere, a rising piano virtuoso, and iconic West Side Story melodies, this concert promises to be unforgettable. A pianist with superb musicianship and riveting technical brilliance, Xiayin Wang presents Gershman's Concerto in F, inspired by jazz, blues, and ragtime. Jonathan Leshnoff, one of America's most gifted composers, has written Concerto Grosso, highlighting the principal players of our orchestra – a world premiere not to be missed.



The price is \$70/person. Event Chair: Art Kvaas, 965-6636, or [akvaas@verizon.net](mailto:akvaas@verizon.net).

**Friday-Saturday, April 12-13, 2013**

**Naval Air Weapons Station, China Lake**

Steve Little reports that his last available bus seats to visit the Secret City of China Lake and the Desert Wildflower Festival, and wild animals at the adjacent City of Ridgecrest are down to eight (8). Please do not miss this last chance to see the ancient wonders of the COSO mountains Petroglyphs that are 5000 + years old; the Air and Sea Launched Weapons that protect us; and the desert wildflowers and wild horses that are up for adoption. Seats

are \$125 each for a double room, and \$170 for a single room which includes breakfast. The last chance to apply is March 25, but the seats are going and may be sold out by then. The Station Commander



Captain Dennis Lazard is expecting to meet with us, hopefully for lunch. Other surprises await." Contact Steve Little at 965-3811, or [steveleah@cox.net](mailto:steveleah@cox.net).

**Friday, April 5, 2013**

**Annual SBCC Gourmet Dinner**

This memorial to Ben Walsh will be on Friday, April 5. The cost remains the same: \$40 per person, which includes wine, tip & tax. Further details to include time and choice of entrees will follow. This event is always a sellout. Contact Harry Stroud (653-5117) for questions or to sign up.

**Last Meeting**

*Larry Ebenstein*

Jim Shaw introduced Larry Ebenstein, a Santa Barbara native and economics professor at UCSB, who discussed "Oil and Gas Production in Santa Barbara County."

He began with a candid statement of position: oil and gas production is good for Santa Barbara, both for environmental and economic reasons.

Energy availability created the US standard of living; in the period 1870-1950, we industrialized first in the world because we had access to energy. Since the 1970's, every economic downturn has coincided with an increase in the price of oil.

The Santa Barbara channel is the second biggest oil seep in the world. Oil production in Santa Barbara began with the Chumash, who used seepage to waterproof their baskets and canoes. Today's offshore production reduces the reservoir pressure and hence seepage, to the benefit of our beaches.

The Summerland boom in the 1890's produced hundreds of off shore wells, as did Mesa in the 1910's, Elwood and the Gaviotta Coast later. The Japanese shelling of Elwood in the

1940's, the first attack on the U.S. mainland since 1812, contributed to the internment of U.S. Japanese citizens. Now we have a trillion dollars worth of oil and gas reserves in Santa Barbara. Horizontal drilling allows us to access them from shore. Exploiting them would reduce our dependence on unstable foreign nations. Producing them would also yield environmental benefits:

- Reduced air and water pollution from seepage
- Replacing coal as a power plant fuel with natural gas
- Reduced wasteful and polluting tankering

**Nominating Committee Chairman Alie Skov reported that a slate of 2013-2014 officer and director nominees has been accepted by the Board and will be presented for vote by the membership at an upcoming luncheon meeting:**

President:	Don Chalfant
Vice President:	Ron Singer
Treasurer:	Jim Shaw
Secretary:	Gordon Bjork
Board, 2 years:	Fred Marsh
Board, 1 year:	Chuck Curtis
Past President:	Mead Northrop

**A Special Announcement from President Northrop:**

The Board of Directors has been made aware of individuals desirous of membership in Cosmo who are either part-time residents of Santa Barbara or not fully retired or both. We believe that such individuals should not be denied membership provided they are willing to pay our initiation fee and annual dues. Below is a rewording of Article III of our Constitution that, if passed, would allow them to join. As required, these changes will be read at the March 7 meeting and voted upon by those members attending the March 21 meeting.

Proposed Constitutional Amendments (March 2013)

ARTICLE III

Membership

Section 1.

Membership shall consist of men who:

- a) Are bona fide *full or part time* residents of the Santa Barbara area.
- b) Have ~~retired from a profession or business and who are not fully engaged in a materially gainful occupation~~ reached the age of 55 years.
- c) Subscribe to this Constitution.
- d) Are elected to membership by the Board of Directors on recommendation of the Membership Committee. ~~Provided, however, that no one shall be elected to membership until at least two weeks after notice of his application has been given to the members of the Club by the Membership Committee.~~

Section 2.

Members *shall be willing to serve as a committee member or officer.* ~~fully re-engaged in a materially gainful occupation are required to resign. On subsequent retirement such individuals, upon request, may be reinstated to membership upon approval of the Board of Directors.~~