



Crackers

COSMOPOLITAN CLUB OF SANTA BARBARA INC.

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Crackers Editor

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Access the COSMO website at
<http://sbcosmo.com>
for current and archived issues of CRACKERS

Cosmo Member Ailing

If you learn of one of our members suffering from illness or injury, please notify Don Chalfant, 687-3478 dchalfant@cox.net.

Mahalo to our meeting staff

Ticket Sellers: Paul Coyne & Phil Whaley
Punch Bowl: Paul Hartloff
Invocation: Bill Alexander
Sgt.-at-Arms: Bill Montag

Dues for 2013-2014

Now payable at \$60/member. Checks can be deposited in a box on a table near the front door of the Elks' Club or mailed to Cosmopolitan Club PO Box 3993 Santa Barbara, CA 93130-3993

Next Meeting

June 6, 2013

Andrew Binder MD

"Doc, I'm Tired of Being Tired"

What Your Doctor May Not Know About Sleep Disorders"



Andrew Binder, MD, graduated from Williams College magna cum laude, and from Harvard Medical School where he was elected to the prestigious Aesculapian Society. He did specialty training in Internal Medicine at the University of Washington where he served as a Chief Resident in its esteemed Department of Medicine in 1974-75. Subsequently, Dr. Binder was a Research Fellow in Chest and Cardiovascular diseases at the University of California, San Francisco.

Dr. Binder joined the staff of the Santa Barbara Medical Foundation Clinic in 1980. He practiced pulmonary and critical care medicine in our local hospitals until 1998 when he limited his practice to sleep medicine. He has published numerous papers, holds three patents for medical devices and was named Cottage Hospital's Distinguished Physician in 1993. Dr. Binder is certified by the American Board of Internal Medicine and holds subspecialty certificates in Pulmonary Medicine, Critical Care Medicine and Sleep Medicine. A Clinical Associate Professor of Medicine at USC, he currently serves as the Medical Director of the Ventura Sleep Disorder Center. Mead Northrop will introduce.

Future Meetings

June 20, 2013

Nancy Leffert, Ph.D.

President, Antioch University

"The Implications of On-Line Learning for Institutions of Higher Learning"



Dr. Nancy Leffert was named president of Antioch University Santa Barbara (AUSB) in 2010, and has since ushered the university into a new era and a new home on

Anacapa and Cota Streets. Under her leadership AUSB has increased enrollment by 9 percent and initiated a number of innovative programs such as the socially responsible MBA, Women & Leadership Certificate Program, and the Summer Writing Institute.

Dr. Leffert's other initiatives include positioning the 35-year-old university as a place where the Santa Barbara community comes together to learn about and civilly debate thorny issues of the day. She also promotes a transfer program with Santa Barbara Community College and other Central Coast community colleges to give local students access to higher education.

Nancy Leffert is a nationally known authority on child and adolescent development, receiving her Ph.D. in Child Psychology from the Institute of Child Development at the University of Minnesota. She created the Healthy Communities/Healthy Youth initiative that is reshaping America's approach to this age group. Nancy Leffert is married to psychiatrist and sculptor Dr. Mark Leffert and is the mother of two sons and the grandmother of one brand-new baby girl.

Editor's Note

Please share your experience with pictures and narrative. Special events, golf outings, bridge grand slams – Crackers invites you to introduce your activity or success or adventure to those of us who weren't there. Send pictures and commentary to Jim Munroe, jmspin@cox.net. If your content is time-specific, please try to send your information NLT Monday following our regular Cosmo lunch meeting.

Regular Events

Bridge

Join us for FUN Bridge upstairs at the Elks Club after all regular meetings; we play until 3:30 PM. Chairman Steve Morgan, 637-1332, or smmphd@cox.net; Co-chair Ed Loper, 967-8630, oliveloper@cox.net.



Tennis

The tennis group plays doubles twice a week at a private court in Shadow Hills starting at 8:00 AM Mondays and Thursdays. All tennis players are invited to participate. Contact Bruce Long (805) 692-4072 or bruce93103@cox.net.



Cosmo Computer Society



Cosmo Computer Society meets monthly on the third Tuesday, upstairs at the Elks Club. Discussion starts at 10:00 AM, and a feature presentation starts at 10:30 AM, concluding with a no-host fellowship luncheon in the Elks Grill. COSMO members, spouses and guests are welcome. Bob Gerity, Program Chair, Howard Glenn, Chair. 967-2633, hbglen@cox.net.

S.A.G.E. Investment Group –S.A.G.E.

meets monthly at 10 AM on the first Tuesday at the Elks Club, followed by a no-host lunch in the grill downstairs. At S.A.G.E. we discuss past and possible future trends in the economy and the stock market. We would welcome your participation. Chair: Walter Naumann, 448-5061, wjnaumann@aol.com.



Golf – Wednesday, July 10 Montecito Country Club Golf Tournament. Join us for another challenging golf outing at the beautiful Montecito Country Club. Your \$51.00 price tag includes buffet lunch at 12 noon, shotgun- scramble format round of golf starting at 1:00 pm, followed by post-round finger food snacks and cash prizes for 1st, 2nd and 3rd place teams. Contact event chair Marty Tucker, 969-0760, tuckmet@aol.com for further details. Send your check payable to Cosmopolitan Club of Santa Barbara to Marty at POB 1192, Summerland 93067...and please include your handicap.



Mondays - Santa Barbara Golf Club (Muni). Tee times from 9:30 AM to 11:00 AM. Regular walking senior rate is \$25 for 18 holes. Contact Ron Singer (805) 684-1355 or rsinger916@aol.com by prior Friday for your tee time. Twin Lakes (Par 29) at 9:00 AM. Work on your short game. These outings are a great way to gain new members, so invite your friends. The top teams at the Montecito CC tournament last Wednesday. Next MCC tournament is Wednesday, July 10.

Additional play at various courses - Contact Ron Singer to get on the e-mail notification list for the Floating Golf Game Circuit. Mondays are usually at Muni, Wednesdays are often at Glen Annie, and Friday locations have included La Purisma, Glen Annie, Soule Park, and Rancho San Marcos. A. B. Clark and Steven Stonefield will select the floating golf game sites, so you may contact either of them. Ron Singer, Golf Chair: rsinger916@aol.com.

Upcoming Special Events

Sunday, June 23 2013

Solvang Theatre Outing

Fiddler on the Roof

Thore Edgren is organizing an outing for all members and significant others to attend a production of Fiddler on the Roof at the Solvang Theater. Overnight accommodations will be available at the Petersen Inn in Solvang. The Petersen Village Inn theater package includes 2 gourmet dinners, 2 theater tickets, overnight accommodations, breakfast and wine tasting. There will be a limited number of tickets. – sign up with Thore Edgren for the June 23 Solvang Theater outing by contacting Thore Edgren, theman3@cox.net or call 967 4001 or See Thore at the June 6 meeting to sign up for this event.



Thursday, July 4 2013

July 4th Picnic

Our annual picnic will be held at Tucker's Grove Park (take Turnpike Rd. toward the mountains; you'll see the park after you cross Cathedral Oaks Rd.) starting at 11 AM. Entrees are tri-tip and chicken with the usual sides and fixings. Cost is \$16 per person. Reservations are required. Please make arrangements with Bob Zimels (zsloth@cox.net, 962-3211). Payment is due by June 20. BYOB as the caterer does not have a license.



Last Meeting

May 16 [Ladies Day]

Chuck Curtis introduced our Ladies Day speaker, Joyce McCullough, Executive Director of Habitat for Humanity of Southern Santa Barbara County. Joyce moved to Santa Barbara in 2000, and has served as Executive Director of this non-profit organization for the last 10 years. During this time, Habitat has completed seven homes and participated in numerous collaborative projects. Additionally, Habitat has renovated several homes in the area, from Goleta to Carpinteria through its program "A Brush with Kindness" where skilled volunteers assist Habitat homeowners with repairs, painting, fire prevention brush clearing and exterior home maintenance.



Unlike the failed sub-prime mortgage approach, where home-loans were made to families who had insufficient incomes to meet home ownership expenses and the monthly mortgage payments, Habitat carefully selects low-income potential homeowners who could meet those expenses if zero-interest mortgages were provided and volunteer help with home maintenance was available along with their own "sweat equity" contributions.

Not surprisingly, the families who qualify are not the poorest of the poor. In the Santa Barbara County area a family of four qualifies for Habitat if their income is 40% - 80% of the Area Median Income or \$30,360 - \$60,700 per year. They must also pass a strict credit rating test. If the family maintains and/or improves the property for, say, 10 years they could sell it, with the possibility of a significant capital gain.

The main goal of Habitat is to promote responsible homeownership for families which according to The Joint Center for Housing at Harvard University will improve children's cognitive stimulation by 23%, reading scores by 17%, math scores by 9%, and lower school dropout rates, and reduce chances of having a baby before the age of 18.

Joyce directs a staff of six and over 1,000 community volunteers' efforts. She is responsible for the stewardship of the low-income families that Habitat serves. In 2008, Habitat opened the ReStore, a 10,000 square foot store that sells donated, re-usable building materials, providing revenue to support the administrative activities of the affiliate.

Habitat is currently conducting a campaign for the "Canon Perdido Affordable Homes Project", seeking to raise a total of \$4,315,500 to build 12 environmentally friendly condominiums to be located on Canon Perdido near Milpas. Construction began in December 2012, with anticipated move-in completion in 2014. Habitat selected and approved

In Memoriam

Long-time Cosmo member Earl MacCuish passed away in May. We extend our deepest condolences to his wife Marianne and family.



In Memoriam

A Cosmo member since 2005, Pat Brumbach passed away on May 21. The Cosmo membership extends its sincere condolences to his wife Ann and family.



the partner families who will purchase these homes, and adult family members have begun working their required 250 hours of "sweat equity" and attending classes on financial literacy and homeowner responsibilities.

Habitat has projects under way globally, and has disaster response teams active around the world. When I think of

their impact, I see Jimmy Carter, hammer in hand, helping to build new environmentally designed homes somewhere in a foreign land.

Joyce McCullough and husband Bill have two grown children and several grandchildren in their 40+ years of marriage. In 2008, she was awarded the 2008 Human Services Professional of the Year from the City of Goleta.

