



# Crackers

COSMOPOLITAN CLUB OF SANTA BARBARA INC.

Vol LIX No. 7

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Crackers Editor

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## Cosmo Member Ailing

If you learn of one of our members suffering from illness or injury, please notify Arlie Skov, 965-5101, [askov@earthlink.net](mailto:askov@earthlink.net)

## Dress Code Update

Fall arrived in September, and hence it is time to revisit the Cosmo dress code. This is the time to revert to wearing coats; however we will continue the practice of not requiring ties, making them optional wear. There is a caveat; you will not be turned away for not wearing a coat on a hot day. Let the weather be your guide!

## Meeting Staff:

Ticket Sellers: Harvey Stancer & Fred Marsh

Punchbowl: Don Archer

Invocation: Ray Rosecrans

## Punch Glass Update

The Cosmo Club is now using slightly larger glasses for the pre-meeting punch. Be aware, this is not a sobering development.

## Next Meeting

October 17, 2013

Karl Hutterer, Ph.D

“What is Nature”



Steve Hicks will introduce Karl Hutterer, Executive Director of the Santa Barbara Museum of Natural History from 2000 - 2012. Before that, he was Director of the Burke Museum of Natural History and Culture at the University of Washington (1990-2000) and at the University of Michigan he was Curator of the Asian Division at the university's Museum of Anthropology and Director of the Center for South and Southeast Asian Studies.

Dr. Karl Hutterer was born in 1940 in Austria He completed his education at the University of Hawaii, where he received his Ph.D. in anthropology in 1973, specializing in the archaeology of Southeast Asia.

His interests and publications range widely, including the settlement of the Southeast Asian region by early human ancestors, the beginnings of agriculture, the emergence of Bronze Age civilizations, and prehistoric maritime trade. He has published and edited a number of books and monographs as well as numerous scholarly and popular articles.

Dr. Hutterer will reflect on his ever changing views of nature and what these changing perspectives might mean about how any one of us understands nature. How does this affect our approaches to extracting natural resources, to preserving “pristine environments.” and to responding to the notion of global climate change?

Save the Date

# Cosmo Christmas Dinner Dance

Tuesday  
Dec 10, 2013

See Page 5 for details & reservation form

## Future Meetings

November 7, 2013

Bob Kieding

“The Waters Off Santa Barbara.”

Harry Brown will introduce Bob Kieding, well known by local sailors and yacht enthusiasts, who writes a weekly column in the SB News Press on Yachts and sailing. He has been a Santa Barbara sailor and Chandler for decades and is a strong source of information on these topics, especially those associated with our local waters.

## Wine Drawing

Bob Zimels conducted the wine drawing, awarding a Chardonnay to Mike Smith, and a Roswell Zinfandel to some other lucky member.



Manny Espig introduced the following guests:

Lance Mason hosted by Jim Shaw  
 Bruce Rehwoldt hosted by Bob Logan  
 Raymond Stauffer hosted by Phil Whaley



John A. “Rob” Robertson, Jr.  
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Rob Robertson splits his time between polishing his skills in watercolor painting and shaving strokes off his golf game. After getting a BS in Agriculture, Rob retired in 2011 as Project Manager/Software Development for Jacobs Technologies – a career he followed for 36 years. He and his wife Karen settled in Santa Barbara in 2004, having raised two sons and a daughter. Rob was sponsored by golf mafia members Ron Singer, Steve Morgan, and John MacKenzie.

## Regular Events

### Bridge

After a temporary hiatus due to conflicting schedules, regular after-meeting Bridge games will begin again following our October 17<sup>th</sup> meeting. Join us for FUN Bridge upstairs at the Elks Club after all regular meetings; we play until 3:30 PM. Chairman Steve Morgan, 637-1332, or [smmphd@cox.net](mailto:smmphd@cox.net); Co-chair Ed Loper, 967-8630, [oliverloper@cox.net](mailto:oliverloper@cox.net).



## “OUR DIGITAL WORLD” aka The Cosmo Computer Society



In recognition of changes in usage of electronic devices, The Cosmo Computer Society has changed its name and emphasis to “Our Digital World”. We changed the meeting day to the 2nd Thursday of the month so we can enjoy lunch and camaraderie at the Elks Club Grill after our meetings. Please bring your gadgets such as smart phones, notebooks, tablets, or any other digital device. You can show us how it works or ask other members how they think it works. Discussion starts at 10:00 AM upstairs at the club. Ring bell button at the front door if not open. All members and special guests are welcome. Howard Glenn, Chairman, 967-2633, Bob Gerity, Co- Chairmen, 963-9413, Robert Gerity <[robtgerity@cox.net](mailto:robtgerity@cox.net)>

## S.A.G.E. Investment Group

S.A.G.E. meets monthly at 10 AM on the first Tuesday at the Elks Club, followed by a no-host lunch in the grill downstairs. At S.A.G.E. we discuss past and possible future trends in the economy and the stock market. We would welcome your participation. Chair: Walter Naumann, 448-5061, [wjnaumann@aol.com](mailto:wjnaumann@aol.com).



## Tennis

The tennis group plays doubles twice a week at a private court in Shadow Hills starting at 8:00 AM Mondays and Thursdays. All tennis players are invited to participate. Contact Bruce Long (805) 692-4072 or [bruce93103@cox.net](mailto:bruce93103@cox.net).



## Golf

**Mondays - Santa Barbara Golf Club (Muni).** Tee times range between 9:30 AM to 11:00 AM. Regular walking senior rate is \$26 for 18 holes. Contact Ron Singer (805) 684-1355 or [rsinger916@aol.com](mailto:rsinger916@aol.com) by prior Friday for your tee time. Twin Lakes (Par 29) at 9:00 AM. Work on your short game. These outings are a great way to gain new members, so invite your friends.



**Additional play at various courses -** Contact Ron Singer to get on the e-mail notification list for the Floating Golf Game Circuit. Mondays are usually at Muni, Wednesdays are often at Glen Annie, and Friday locations have included La Purisma, Glen Annie, Soule Park, and Rancho San Marcos. A. B. Clarke and Steven Stonefield will select the floating golf game sites, so you may contact either of them. Ron Singer, Golf Chair: [rsinger916@aol.com](mailto:rsinger916@aol.com).

### SPECIAL ANNOUNCEMENT FROM YOUR EXECUTIVE BOARD

At our board meeting Thursday, September 19 all decided a new member incentive program was needed and the following plan ensued and will be effective at the next meeting on October 3, 2013 ending with the meeting on January 15, 2014:

- 1) Bring a potential member as your guest to a lunch meeting and the guest lunch will be free. All members that bring a qualifying guest to the meeting will be put in a special drawing to be held at the meeting on Feb 6, 2014.
- 2) If a member submits a new member application for his guest he will receive 1 more chance (2 TOTAL) in the special drawing and a free lunch for him and the nominee at the meeting where the applicant is interviewed.
- 3) When the new inductee is presented as a new member, the primary sponsor for the new member will receive 2 free lunch passes.

Prize: Free Cosmopolitan Club lunch for the remainder of 2014

### Upcoming Special Events

**Sunday, November 10, 2013**  
**La Cumbre CC Brunch & Puccini's 'Tosca' at the Granada**



This activity features an elegant noon brunch at La Cumbre Country Club followed by the 2:30 p.m. production of TOSCA at the Granada. The price is \$90/person which includes the meal and theater ticket. Contact Fred Sidon, 967-6757 or [frsidon@impulse.net](mailto:frsidon@impulse.net) to express your interest in this event.

**Saturday, November 23, 2013**  
**Andersen's Dinner & All Mozart Symphony**



Now an annual Cosmo night out, don't miss our 3<sup>rd</sup> Annual dinner and Granada symphonic concert. We'll dine at Andersen's Restaurant and then walk over to the Granada Theatre for an "All Mozart Evening" with Guest Conductor Matthias Bamert, formerly Music Director of the London Mozart Players. The delicate mastery of Wolfgang Amadeus Mozart will be fully revealed in three of his works: Serenade No. 10 "Gran Partita" for Winds; Strings featured in Serenade in G Major "Eine Kleine Nachtmusik"; and the unifying Symphony No. 25. Ticket sales have begun and the all-inclusive price is just \$70 pp. Send your checks made out to Cosmopolitan Club of Santa Barbara to Art Kvass, 933 Roble Lane, Santa Barbara, CA 93103.

**Tuesday, December 10, 2013**  
**Dinner/Dance Now Scheduled for this Date**

See page 5

**Tuesday, March 25, 2014**

**Palm Springs Follies, Farewell Season**

This is the final year for the Fabulous Follies after 23 years. Our prior trips to this show have always been sell-outs. We will spend the night at the Pine Mountain Resort, within walking distance to the Follies. Call Harry Stroud at 653-5117 to get on the list of attendees. Further details on the cost, departure time & location will follow. It is Now or Never!

### Missing Payment

Don Chalfant reports that Neal Graffy (our August 3<sup>rd</sup> speaker) mentioned that he had sold two of his books to one of our members, but the member did not have cash or check to pay for them at the time and Neal had no way to take a credit card. He just asked the man to send him a check. However Neal hasn't received the check yet. Would the member who bought two books from Neal Graffy, please remit \$30 to Neal at 2976 Foothill Rd., S.B., CA 93105

### Perpetual Motion: Our Cosmo Book Exchange

The Book exchange program invites members to select a book from the cart, read it and return it to be shared with other like-minded readers. However, the cart's capacity is finite. Once that capacity has been exceeded, books that have lain fallow for weeks are culled for donation to a non-profit. The cart is usually 95 to 105 per cent full. We have opted not to acquire a second cart in view of the relatively small number of members who utilize the service and other logistical issues.

When members purge their home libraries and donate multiple boxes of books at a given meeting, we simply do not have the capacity to deal with the deluge. What happens then? The librarian fills our cart to capacity and then takes the residue to The Assistance League Shop for resale. Today Cosmo donated five large cartons of books!

We always welcome new additions to our cart, but please remember that our capacity is finite and our book exchange program is not meant to be an industrial sized donor site. Please remember to take larger batches of books to your favorite non-profit where they will be enthusiastically received. Thank you, Mead Northrop

## Last Meeting



*Laurence Spann*

Steve Little introduced our speaker, Laurence Spann, whose talk was titled "Writing as a Healing Art". Lawrence earned his undergraduate degree in English from the University of Miami, with a minor in psychology and philosophy. He entered the medical field as an ocean lifeguard and firefighter/paramedic, subsequently completing Physician Assistant training and a Master's Degree at Duke. At Sutter Medical Center in Sacramento he completed a Ph.D. in creative writing with emphasis in the medical humanities. He became executive director of the Preventive Medicine Research Institute in Sausalito, CA, where he coordinated *The Lifestyle Heart Trial*, the first research study to show that comprehensive lifestyle changes—nutrition, exercise, stress management and group support— can reverse coronary heart disease.

Currently he is a physician assistant who provides clinical services at Santa Barbara's Sansum Anticoagulation Clinic. He is a principal at Spann/Robinson Press and leads writing groups at Santa Barbara City College and at the Balboa Building in downtown Santa Barbara.

Laurence says "You are the author of your life", "Lives that are written are not forgotten", "Writing is different than talking", "Often what you can't talk about you can write about", "If you don't write you run the risk of allowing other people to define and interpret your life"

He used quotations from his favorite writers to illustrate his points. For example, this quote from William Faulkner's Nobel Prize speech:

"I believe that man will not merely endure: he will prevail. He is immortal, not because he alone among creatures has an inexhaustible voice, but because he has a soul, a spirit capable of compassion and sacrifice and endurance. The poet's, the writer's, duty is to write about these things."

And from Oswald Spengler:

"The blood is for us the symbol of the living. Its course proceeds without pause, from generation to death, from the mother body in and out of the body of the child, in the waking state and in sleep, never-ending. The blood of the ancestors flows through the chain of the generations and

binds them in a great linkage of destiny, beat, and time ... the one great pulse-beat operates through all the detached souls, filling, driving, checking, and often destroying—that is the deepest of all life's secrets, the secret that all religious mysteries and all great poems seek to penetrate..."

From Duke Ellington:

"I don't need time. I need a deadline."

From Roger Ebert:

"The muse visits during, not before the act of composition, and the writer takes dictation from the place in the mind that knows where to go next."

From Ernest Hemingway:

"...I've written a number of stories about Michigan country—the country is always true—what happens in the story is fiction. ...You see I'm trying in all my stories to get the feeling of the actual life across—not to just depict life—or criticize it—but to actually make it alive. So that when you have read something by me you actually experience the thing. You can't do this without putting in the bad and the ugly as well as what is beautiful. Because if it is all beautiful you can't believe in it."

Then Laurence asked everyone in the audience to stop and spend 5 minutes writing about themselves on pen & paper handed out by assistants. Remarkably, most of the audience did! And then he asked volunteers to read what they had written, and they did! They were pretty good.

