



# Crackers

COSMOPOLITAN CLUB OF SANTA BARBARA INC.

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for current and archived issues of CRACKERS

## Cosmo Members Ailing

If you know of a COSMO member ailing, please notify Curt Whiteman, newly appointed Memorial & Visitation Chair, 684-1034, [whiteman@westmont.edu](mailto:whiteman@westmont.edu).

Our editor has just learned of the passing of our long-time member Sam Romano. Further information is not available at press time.

## GUEST INCENTIVE PROGRAM RETURNS

President Ron Singer reminded members of the **incentive program to bring guests**, especially future members. The guest's lunch will be paid by the club on his **first** visit. On a New Member's induction day, the club will host lunch for the primary sponsor and the new member. He also announced that the Sergeants-at-arms and Invocations Committees are recruiting new members

## Meeting Staff:

Ticket Sellers: Tony Ross & Paul Fink  
Punchbowl: Paul Coyne  
Invocation: Bill Alexander  
Audio-Visual: Jack Patterson, Bob Weber ,  
Bill Alexander, Jim Belden  
Sergeant-at-Arms: Walter Clapp  
Photographers: Ron White and Dan Truex

## Next Meeting

**February 5, 2015**

**Joyce Dudley, SB County District Attorney**

**"First Term Report Card"**



Ms. Dudley will describe changes that she has implemented including Truancy, Misdemeanor Diversion, and the Attorney Volunteer Program. She will highlight some of the most notable cases and the work of the Isla Vista Safe Committee. Finally, Ms. Dudley will describe some of the recent changes to our criminal justice system, and how she feels they will affect public safety in Santa Barbara County.

District Attorney Dudley began her legal career in the Santa Barbara County District Attorney's Office in 1990. She has prosecuted well over one thousand cases including murder, arson, robbery, burglary, crimes involving sexual offenses, crimes against children and hate crimes. Involvement in community activities has been a priority for District Attorney Dudley during her career as a prosecutor. She has received numerous awards from law enforcement agencies as well as community organizations, honoring her outstanding performance and volunteer activities. She will be introduced by Mead Northrop.

## Future Meetings

**February 19, 2015**

**Tom Fayram, County Water Resources Deputy Director**



**"Managing Santa Barbara's Water Future"**

Water in California is an issue of irony. At times it is dreaded for it's over abundance, and yet at other times, it is cherished due to its scarcity. Santa Barbara County has suffered through both flood and drought, often within close proximity. Not that long ago, Santa Barbara County was wading out of some of the worse flood events in modern times. 1995 brought the single highest daily rainfall totals, and 1998 brought the record annual rainfall accumulation. However, few recall that just before the flood years of

1995 and 1998, we were in a dire drought emergency. In fact, at less than 7 inches of total annual rainfall, only one other year had a lower annual rainfall total than 1990 water year. Interestingly, Santa Barbara received more rainfall on January 10, 1995, than in the entire 1990 rain year. With Gibraltar Reservoir empty and Cachuma Lake so low that pumps were needed to supply water to the Tecolote Tunnel, mandatory conservation practices were implemented. It was not until the 1991 "Miracle March" that the water crunch was eased. Yet few at the time realized that "Miracle March" was setting the stage for the wettest decade on record. Knowing that our climate provides us with an array of extremes, our charge is to plan for droughts while Cachuma is full, and prepare for floods in the heat of summer. As we enter the next century, our challenge is to provide our community with flood protection and plan for a stable water supply. Chuck Curtis will introduce Mr. Fayram.

**March 5, 2015**

Vern Kemp will introduce his son, Jim, Executive Director of the Santa Barbara County Association of Governments (SBCAG) since 2002. SBCAG is a regional government agency responsible for planning, prioritizing and implementing transportation improvement projects in the county. SBCAG is governed by a thirteen member board of directors consisting of the five county supervisors and a city council member from each of the eight incorporated cities in Santa Barbara County.

Jim will provide an update on SBCAG's progress on widening Highway 101 and other efforts to reduce traffic congestion in this important freeway corridor. He will also discuss how transportation projects are financed and the mounting problems caused by current underinvestment in transportation infrastructure.

**Wine Drawing**

Bob Zimmels drew the number of Joe Szerwo who won a Bello Family Vineyard Sauvignon Blanc, 2012, and of David McKee who won a Three Saints Red Wine 2007.



Putt Mills introduced Dan Creasey, the guest of Walt Clapp.

**Dress Code**  
Dress code will once again require jackets, with ties optional.

**Cosmopolitan Discussion Group**

Following the January 15 meeting, Dan O'Dowd led the Cosmopolitan Discussion Group in an exploration of Crises in Higher Education. Following the next meeting Bob Weber will lead a discussion of Survival in 21<sup>st</sup> Century Requires Understanding of Complex Systems. The Group meets on the third Thursday of every month at 1:45 PM, after our regular meeting. It is open to anybody interested in participating in fun discussions on important topics, and perhaps in giving a presentation on such an issue in the future.

**Tennis**

The tennis group plays doubles twice a week at a private court in Shadow Hills starting at 8:00 AM Mondays and Thursdays. All tennis players are invited to participate.

Contact Bruce Long (805) 692-4072 or [bruce93103@cox.net](mailto:bruce93103@cox.net).



**Golf**

**Pebble Beach and Spyglass – A Cosmo Golf Adventure, March 2, 2015**

Ron Singer has coordinated a trip to Pebble Beach, Spanish Bay and Spyglass Hill courses on March 2, 2015. It includes 3 days of golf and 2 nights lodging at the Inn at Spanish Bay. Please contact Ron Singer, [rsinger916@aol.com](mailto:rsinger916@aol.com) for more information. At this time, 24 golf club members have signed-up; thus, the event is fully booked.



**Mondays** we usually meet at the Santa Barbara Golf Club, (Muni). Tee times range between 9:30 AM to 11:00 AM. Regular walking senior rate is \$26 for 18 holes. Contact Ron Singer (805) 684-1355 or [rsinger916@aol.com](mailto:rsinger916@aol.com) by the prior Friday for your tee time. These outings are a great way to gain new members, so invite your friends.

We also have additional games at various courses. Contact Ron Singer to get on the e-mail notification list for the Floating Golf Game Circuit. Wandering Wednesday and Floating Friday locations will include courses throughout the tri-county area. A. B. Clarke, Steven Stonefield and Bill Clothier select the floating golf game sites. Ron Singer, Golf Chair: [rsinger916@aol.com](mailto:rsinger916@aol.com).

## SPECIAL EVENTS

Our theater group thoroughly enjoyed the evening of January 17<sup>th</sup> at the Granada. Not only were we treated to a wonderful concert experience, we were given a personal tour of the up- and down-stage areas in this state-of-the-art theater. Thanks you Art Kvaass for organizing this outing.

(photos by Harv Turner)



**Tuesday, February 10, 2015**

### **Dinner and 'Intimate Apparel' at New Vic Theater (Home of Ensemble Theater)**

If you have not visited the beautifully renovated Victoria Theater, this will be an opportunity to experience its intimacy (285 seats) and an outstanding play "Intimate Apparel". The theater is located on the corner of Chapala and Victoria St. Prior to the play we will meet for dinner at 6 pm in the Arlington Tavern restaurant, conveniently located next to the theater. Theater ticket and dinner are \$80 per person. To hold a reservation, by February 5 send payment made out to Cosmopolitan Club to Thore Edgren, 6545 Camino Venturoso, Golita, CA 93117.

### **Operatic Opportunities 2015**

Cosmopolitan Club members will join others in Sunday lunch at La Cumbre Country Club followed by the following operas at the Granada Theater:

**March 8** "L'Italiana in Algeri" (The Italian girl in Algiers) by G. Rossini

**April 26** "A Streetcar Named Desire" by A. Previn

All performances start at 2:30 PM, and lunch at noon, allowing for ample time to get to the Granada Theater. The price of \$90.00 per person includes lunch and opera tickets. If interested, please contact Fred Sidon at [frsidon@impulse.net](mailto:frsidon@impulse.net)

### **Hobby Day**

This proposed follow-up event to last year's highly-acclaimed inaugural experiment is tentatively scheduled for May, 2015. Please let Thore Edgren hear from you if you are interested in sharing your hobbies with fellow Cosmo members. 967-4001, [theman3@cox.net](mailto:theman3@cox.net).

**LAST MEETING**

**January 15, 2015**



*Dr. Harris Gelberg*

Jim Shaw introduced Dr. Harris Gelberg, who has been practicing in Santa Barbara since 1978 and served as Chief of the Medical Staff of Cottage Hospital from 1994 to 1995. His special interests are cardiovascular screening, exercise echocardiography and advanced congestive heart failure. He presented "An Update on Cardiovascular Disease Treatment."

Until recently, one-third of all strokes occurred for no recognizable reason. The introduction of the Zio patch, a wireless device that continuously records a patient's EKG, revealed that these mystery strokes were caused by intermittent atrial fibrillation that expressed no symptoms during visits to the doctor.

New devices, instead of just recording the heart's rhythms also send continuous reports to a technician's monitor.

Reveal and Linq are implantable devices that monitor and record the heart for a year. The data are read by a wand that resembles the diagnostic device used by "Star Trek's" Dr. Leonard McCoy. The implants are so easily installed that the patient is not moved from the gurney because that would take longer than the installation.

The standard pacemaker is installed in a pocket formed by separating a small area of skin from chest tissue and then threading wires through a blood vessel to the heart. A new device, being tested in Europe, requires no pocket and uses no wires. Its biggest component is the battery. To further miniaturize it, work is now underway to use body heat or motion as the energy source.

During the 1970s and 80s a technique was developed to monitor congestive heart failure by using a catheter inserted into the heart. Today, the tiny MEMS sensor can be inserted in the office or at home. It provides a continuous read-out to a scanner passed over the chest. A new model uses a transmitter under the patient's pillow to send data to an office monitor. The device is virtually 100% reliable.

All of these advances also reduce medical costs, because 70% of the cost of care is hospitalization.

New heart valve replacement techniques eliminate open-heart surgery. Using a catheter with a balloon inserted through a vein, a calcified valve is crushed and the resulting debris filtered out of the blood. An artificial valve is installed using grips similar to Velcro instead of sutures and a temporary pacemaker. Both aortic and mitral valves can be replaced.