



Crackers

COSMOPOLITAN CLUB OF SANTA BARBARA INC.

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Next Meeting: **Nov 3, 2016**

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Crackers Editor

Website and Online Membership Roster

Access the Cosmo website <http://sbcosmo.com> for current and archived issues of Crackers.

Don Chalfant and Jim Stubchaer have updated our online system. We now have a "public" and a "private" website. The "private" website is intended for use by Cosmopolitan Club members and includes an online membership roster that can be accessed with a password. The password will only be available to the membership and will be periodically revised to insure privacy.

Cosmo Members Ailing

If you learn of one our members suffering from illness or injury, please notify Curt Whiteman, Memorial & Visitation Chair, 220-6833, whiteman@westmont.edu.

Dress Code

During our prolonged summer, the dress code remains relaxed and jackets are not necessary.

CHECKS FOR LUNCH AT ELK'S CLUB

Our hardworking ticket sellers would like to remind the membership that checks for the \$22 lunch are to be made payable to the Elks Club. In addition, to minimize long lines, they encourage people to have their checks prepared before reaching the ticket table

NEXT MEETING

November 3, 2016

Thomas Tighe

Direct Relief International

Introduced by Dwight Coffin



Founded in 1948, Direct Relief is among the largest providers of humanitarian medical relief in the world, delivering aid to more than 80 countries and all 50 U.S. states each year. Last year alone, Direct Relief delivered more than \$760 million in essential medicines and supplies to trusted healthcare partners at no cost so they can provide care for the most vulnerable people in their communities. To address continued needs, Direct Relief is building a state-of-the-art facility to provide medical aid to even more vulnerable people throughout the world who are living in poverty or are affected by emergency situations.

Thomas Tighe has served as President and CEO of Direct Relief, a nonprofit humanitarian medical organization, since October 2000. Direct Relief, established in Santa Barbara in 1948 and funded entirely with private support, provides medical material assistance to locally run health programs around the world and in the U.S. Since Tighe's arrival, the organization has provided cash grants of more than \$35 million and furnished more than \$3.5 billion essential medicines, equipment, and supplies to support health services for low-income people in 88 developing countries and in all 50 U.S. states, where the organization conducts the country's largest nonprofit charitable medicines program. During this tenure, Direct Relief has been named one of America's Best 100 Charities by Worth magazine, has been rated by Forbes as being 99 percent efficient or better in fundraising since 2001, won the Peter F. Drucker Award for Nonprofit Innovation, the Esri President's Award for GIS innovation, the Office of the Surgeon General's National Leadership and Partnership Award, and become the first U.S. nonprofit to obtain VAWD accreditation and be licensed to distribute Rx medications in all 50 U.S. states.

From 1995 to 2000, Tighe served as Chief of Staff and Chief Operating Officer of the Peace Corps, overseeing day-to-day operations of the agency's worldwide programs and a resurgent growth of the agency to a 27-year high. From 1993 to 1995, Tighe served as Associate General Counsel of the Peace Corps, negotiating bilateral agreements to initiate Peace Corps programs in South Africa and China. From 1989 to 1993, he served as Associ-

ate Counsel on the U.S. Senate Committee on Veterans' Affairs, conducting oversight and developing legislation related to veterans' mental-health care, special disability programs, drug and alcohol treatment, and services for homeless veterans. Tighe also handled collateral duties related to foreign aid and the Peace Corps.

A 1982 graduate of the University of California, Berkeley, Tighe received a J.D. in 1985 from the University of California, Hastings College of Law and an Honorary Doctorate of Laws from Hobart and William Smith Colleges in May 2003. He served as a Peace Corps Volunteer teacher in rural Thailand from 1986 to 1988. He was selected for the Aspen Institute's 2003 class of Henry Crown Fellows, is on the editorial advisory board for Miller-McCune Magazine, is a member of the Pacific Council on International Policy, is an adviser to the Clinton Global Initiative, and is a former member of the Board of Directors of InterAction and Antioch University Santa Barbara. He was named Executive of the Year in 2006 by the South Coast Business and Technology Forum and is a visiting professor at the University of California, Santa Barbara's graduate program in Global and International Studies.

FUTURE MEETINGS

November 17th, 2016 - Ray Smith - Ecological Studies in the Antarctic
Introduced by Charles Greene

December 1 – Rick Boller – Topic is The Santa Barbara County Bowl
Introduced by Karl Hutterer

December 17 – San Marcos High School Madrigal Choral Presentation
Mead Northrup will introduce

January 5 – Paul Casey – Managing our City
Introduced by Dwight Coffin

January 19 – Richard Lindekens – Topic is Eagle Hunting in Mongolia
Introducer is TBD

REGULAR EVENTS

DISCUSSION GROUP –

The Discussion Group will return to The Great Debate video lectures by Professor Pangle in November, and the group will meet twice a month excepting December 15 until the series is complete. These sessions are held in the upstairs room immediately following our regular luncheon programs.

The 2016 Presidential election involves some major constitutional issues, ranging from separation of powers to proposed amendments. The arguments for and against federal power persist today, and The Great Debate illuminates the foundation of American government. The remaining topics to be discussed are as follows:

November 3rd, The Madisonian Republic

November 17th, The Argument over Representation

December 1st, Disputing Separation of Powers, Part 1

January 5th, Disputing Separation of Powers, Part 2

January 19th, The Supreme Court and Judicial Review

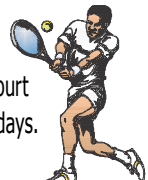
February 2nd, The Bill of Rights

BRIDGE



Join us for FUN Bridge upstairs at the Elks Club after all regular meetings; we play until 3:30 pm. If you would like to play you are asked to call Ed Loper to sign up. Chair Ed Loper, 967-8630, oliveloper@cox.net.

TENNIS



The tennis group plays doubles twice a week on a private court off Patterson Avenue starting at 7:45 am Thursdays and Fridays. All tennis players are invited.

Contact Harrison Stroud at (805) 653-5117, stroud@hotmail.com, or Peter Kruse.

GOLF



Mondays, we usually meet at the Santa Barbara Golf Club (Muni). Tee times most often begin at 10:15 am. Contact Ron Singer (805) 684-1355 or rsinger916@aol.com by the prior Friday for your tee time. These outings are a great way to gain new members, so invite your friends. We also have games on Wednesdays and Fridays at other area courses. Contact Ron Singer to get on the mailing list. The website cosmogolfclubsb.com is up and running. New members may use it to register and for additional news. Special cruise for golfers and non-golfers, March 28 to April 7, 2017 Please see the attachment to this issue for details of this fabulous event and sign-up information

SPECIAL EVENTS

Sunday November 6th at The Granada – CARMEN.

Fred Sidon has arranged for our members to get in on the opera and luncheon deal on Sunday November 6th. Lunch will be at the LaCumbre CC and will be followed by the matinee performance of the ever-popular Carmen at the Granada. Fred tells me that they have a wonderful group of voices for this offering. The exact time for this event will be announced soon, but, it is lunch and a matinee. Cost for this combo is \$96 pp in section C and \$70 pp in section D. Call Fred Sidon for further information and to sign up for this event. Fred Sidon, 967-6757, frsidon@impulse.net. This is not an official Cosmo event but we did get the invitation and it is a wonderful event with a great price.



Sunday November 20th – The Santa Barbara Symphony presents:

FAVORITE PIANO MASTERPIECES conducted by Nir Kabaretti and featuring solo pianists Natasha Kisienko and Markus Groh and backed by the wonderful SB Symphony Orchestra. Relive some of your favorite piano works with this popular program which will bring pianists together for Mozart’s fabulous Concerto for Two Pianos and Tchaikovsky’s famed Piano Concerto No. 1. You will recognize themes from these works as the inspiration for several popular songs of the 90’s.



Art Kvass has arranged tickets for us Cosmos at \$47 pp (this is Half-Price). This performance is the 3:00 pm matinee at the Granada. This event is open to your non-Cosmo guests. Those of us who prefer not to drive at night will like this schedule. Lunch and/or dinner is not arranged nor included at this time. Check with Art for further details and/or to sign up at 965-6636.

CHRISTMAS PARTY DINNER-DANCE – Tuesday December 6th

Tuesday, Dec. 6 at 6:00, La Cumbre Club – food, drink, merriment and dancing Ron White will be taking the reservations. Use the handy Color printed flyer included in your Crackers to sign up. You may mail the form or turn it in at a Cosmo luncheon to either Al Mercado or to Ron White, 6139 Manzanillo Dr. Goleta, CA 93117; 805-964-9742.



Your non-member friends are welcome to join us for this great holiday party. Sign up early and remember to choose your seating preferences on the sign-up sheet. Please notice that the price has been reduced to \$75 per person, A bargain! Sign up now.

PAST EVENTS

Ten lovers of music, wine and food attended the Pipers winery event on October 11 for an afternoon of Dixieland jass, wine tasting and dinner. An enjoyable time was had by all.



LAST MEETING

September 15, 2016

Ticket sellers were Gary Gulbransen and Harvey Stancer; A.B.Clark managed the punchbowl. The audio-visual team of Bob Weber, Jack Patterson, Bill Alexander and Orlando Ramirez took care of the a/v electronics. Sergeant-at-Arms for this meeting was Walt Clapp. Following our rendition of the National Anthem and pledge to the flag, Pete Kruse offered the invocation.

WINE DRAWING

Bob Zimels conducted the wine drawing and awarded a bottle of Eberle 2014 Viognier to the winning ticket holder, John Mackenzie. Nobody claimed the second winning ticket, so Bob awarded the bottle Of 2009 Tertulia Cellars Syrah to our speaker, Prof Bengtson.



The Free lunch award went to Vern Kemp,



Bob Logan reported that there were no guests at this meeting.

PROGRAM

Vern L Bengtson

Families and Faith



Mead Northrop introduced Vern Bengtson. Research Professor of Social Work in the Roybal Institute of and Senior Scientist in the Roybal Institute at the University of Southern California. A Past President of the Gerontological Society of America, he is the author of 17 books and over 250 research articles on families, the life course, and theories of aging. His most recent book, Families and Faith: How Religion Is (and isn't)

Passed Down across Generations (with Norella Putney and Susan C. Harris), has won book-of-the-year awards from the Gerontological Society of America and the American

Sociological Association’s Section on Religion, and has been featured in the New York Times, Wall Street Journal, Washington Post, USA Today, and on National Public Radio.

Vern Bengtson has been honored with Distinguished Scholar awards from the Gerontological Society of America, the American Sociological Association, and the National Council on Family Relations, and has also been elected Fellow of the American Psychological Association. He twice has been granted a MERIT award for research from

the National Institute on Aging, and he has received a number of awards for teaching. Among his books are *How Families Still Matter: A Longitudinal Study of Youth in Two Generations* and *The Handbook of Theories of Aging*, the fourth edition of which will be published in 2016 (with Richard Settersten). He lives in Santa Barbara with his wife, Hannah, who is assisting him in his current research project funded by the Templeton Foundation: "Spiritual Development in the Later Years."

Professor Bengtson began his lecture with photos of his great grandparents in Sweden using this as a lead-in to discussion of the contrast of the current generation's aging issues with those at the beginning of the 20th century. A major difference is the large increase in life expectancy—increasing from 49 to 84 years for men in the period 1900 to 2016. Women's life expectancy changed in a comparable manner. The impact has been far-reaching. The aging of individuals, changes to family life and on society itself are results. Factors contributing to the longer lifespan include the progress made in reduction or elimination of acute diseases such as small pox and diphtheria in children and cancer in adults.

The longer lifespan results in significant changes in the distribution of age groups. Prof Bengtson illustrated this with a tree-like chart which showed-widening of the population bands at higher age levels as time advanced through the last century. A result is changes in the services that society must provide to its people—housing, jobs, medical care and social care. In addition to living longer in current times, is the likelihood of living longer with chronic diseases. He cited depression and Alzheimer's disease as examples of needs for more research. He questioned why so much more research money is spent on Alzheimer's than on depression.

A decline in traditional family values is often attributed to the current generations (gen-X and millennial). Prof. Bengtson's book, *Families and Faith, how Religion is Passed Down Across Generations*, examines this issue. The book documents a multi-decade study of a large number of families and their morals and religion. The study found—no surprise—that in the era of rapidly-changing values, smart phones and social media, there was increasing departure of children from their parents' values. A surprising result, however, was strengthening of the bond between children and their grandparents in recent decades. The ability of and opportunity for grandparents to influence their grandchildren's values was stronger than expected.

The Cosmopolitan Golf... Out of Town golf trip for 2017:

All invited even if you don't play golf.

San Diego, Baja Peninsula & Sea of Cortez

It's a 10 day cruise leaving from Los Angeles.

Options: Golf, Fishing, tours or just lay back and do whatever you want.

We can play golf in San Diego, Cabo San Lucas, La Paz, Loreto and Puerto Vallarta. Golf would be additional to the prices quoted in the link below. The deal is exceptional:

Leaving on March 28 and Returning on April 7, 2017. Go to this link:

<http://www.princess.com/find/cruiseDetails.do?voyageCode=9709>

Sign up now:

Yes, Going: _____ **Names** _____

Golfing: We plan to play golf in San Diego March 29, Cabo San Lucas March 31, La Paz April 1, Loreto April 2, and Puerto Vallarta April 4, 2017. As of this writing: Plan to get starting times and best rates. Once we know how many are playing golf we will have the information on costs etc.

Transportation: We plan on arranging a bus from Santa Barbara to LA Port and return to Santa Barbara at an additional cost.

Two additional discounts:

In addition to the prices listed below and the web site above. I was able to obtain additional discounts. Anyone who has served in the military: You are entitled to \$100 OBC for this 10 night sailing. Must complete the Princess Military benefit form, AFTER deposited be sure to complete the form.

I am a stock holder (Sharing with you) and passing on an additional rebate: ONLINE VACATION SHAREHOLDER, you will be entitled to a 5% post cruise rebate in the form of a check to be sent after the cruise.

The next page gives you all the details to book this cruise.

Booking the Cruise: You will contact: Edwina Macchia-Orsi Your Personal Vacation Manager
Hours: Monday thru Thursday 11:00am -8:00pm (EST) and Friday 9:00am-6:00pm (EST)
Direct: 954.377.6434 Toll Free: 1.800.780.9002 ext. 6434 Fax: 954.377.6401
Email: edwinam@onlinevacationcenter.com

Ron Singer, Chairman, Golf Committee, Cosmopolitan Club of Santa Barbara

E-mail: RSinger916@aol.com

COSMOPOLITAN CLUB OF SANTA BARBARA



Christmas Dinner Dance!

Tuesday, December 6, 2016

La Cumbre Country Club

6:00 pm Cocktails, social hour

No host bar

7:00 pm DINNER with wine



Dancing to the music of: Pier 101 Band

Your non-member friends will be welcome!

MENU

Caesar Salad

Choice of:

Sea bass with lemon butter sauce

Or

Sliced tenderloin of beef with morel mushroom sauce

With

Au gratin potatoes

Asparagus

Peach Pie A-la-Mode

Price: \$75/person

Dress: Formal or cocktail attire



RESERVATION FORM

Name_(print) _____ *SEA BASS* *BEEF*
0 **0**

Spouse or Guest_(print) _____ **0** **0**

Seating Preference (if any) near Dance Floor quiet location

I wish to be seated with: _____ and _____
and _____ and _____ and _____

**Mail form and check payable to Cosmopolitan Club of SB to:
Ron White, 6139 Manzanillo Dr., Goleta, CA 93117 (805-964-9742)**