



Crackers

Vol LXIII No. 7

COSMOPOLITAN CLUB OF SANTA BARBARA INC.



Next Meeting: **October 5**
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Website and Online Membership Roster

Access the Cosmo website <http://sbcosmo.com> for current and archived issues of Crackers.

Don Chalfant and Jim Stubchaer have updated our online system. Members will now be able to access the roster via the normal club website; a "tab" will lead to the password-protected roster. The password will be provided in the email that covers the distribution of the Crackers.

Cosmo Members Ailing

Gil Ashor continues his convalescence at home, but unfortunately his condition seems to be deteriorating.

Sandy Jones recently underwent a procedure for atrial fibrillation and hopes to make a full recovery in time for the next meeting.

If you learn that one of our members is ill or injured, please notify Curt Whiteman at 220-6833, whiteman@westmont.edu.

Dress Code

The dress code going forward will be California Casual. Jackets and ties are always welcome, let the weather be your guide.

The Board of Directors approved an incentive program to help recruit new Club Members:

If a current member brings a guest who is a potential new member, the guest will get a free lunch.

If by the next meeting the guest applies for membership, the guest gets another free lunch.

If applicant is approved by the Membership Committee, the inductee gets another free lunch.

The sponsor of the guests should contact the Club President upon arrival and he will provide the lunch voucher for the guest.

Who Said That?

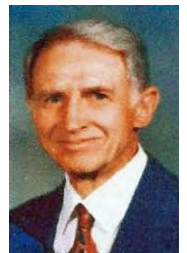
"Advice is what we ask for when we already know the answer but wish we didn't." - Erica Jong

NEXT MEETING

October 5, 2017

"Birthplace of the Wind"

Ron Singer will introduce Bill Veigele. Bill has been a member of Cosmo for four years and is active in both the discussion and golf groups. Before his retirement, Bill worked as a scientist and researcher. His resume includes being an environmental consultant for Santa Barbara County. He has lived in Santa Barbara for forty years.



For his talk, Bill will take Cosmo on a journey to a thousand-mile long place with strange terrain and indigenous people. This place is unknown by many and visited by few. Cosmo will learn about the land's characteristics, climate, terrain, flora and fauna, people, history, and relevance to the United States. Then members will consider its current and future economic and strategic importance.

October 19, 2017

“The Mental Health of Seniors”

Thore Edgen will introduce J.T. Turner and Katerina Zamyatina. Both speakers will present their unique perspectives on the topic of mental health and aging.

Originally from Britain, J.T. Turner came to the US in the 1970s, earning his Master’s in Clinical Psychology from Fielding Graduate University. He ran a residential and day treatment program in Los Angeles before moving to Santa Barbara in the mid 1990s to become the Executive Director of Phoenix of Santa Barbara (now Crescend Health), a non-profit mental health agency. J.T. is a licensed Marriage and Family Therapist.



Katerina Zamyatina is originally from Siberia, Russia and moved to the US at age 19. After earning her bachelor’s degree at UCSB, she then went on to earn her Masters in Organizational Management from Antioch University and completed the Healthy Aging program at SBCC. Katerina is now a licensed administrator of residential care facilities for the elderly. She became the owner of Casa San Miguel in 2008 and has since opened three more care homes (Casa St. James, Casa Los Padres, and Casa Cambria) all in Santa Barbara.



Katerina and J.T.’s talk will focus on the mental health symptoms that often accompany aging, and how to cope with and overcome those symptoms, as well as on the resources and ways to age in a healthy way.

November 2, 2017

“Three Severe Electromagnetic Threats to the Electric Power System”

Charles Greene will introduce Dr. William A. Radasky, Ph.D., P.E. Dr. Radasky is the President and Managing Engineer for Metatech Corporation. He began his career in 1968 as an officer in the US Air Force, performing research that helped establish the threat level of high altitude electromagnetic pulse (HEMP). Later in his career, Dr. Radasky became



the Program Manager for Metatech, during which time the company led the research in determining the threat to the US power system from HEMP. Dr. Radasky also served on the International Electrotechnical Commission (IEC) in Geneva, Switzerland, to develop international standards in protecting commercial systems from electromagnetic threats. For his contributions to the field, the IEC awarded Dr. Radasky with the Lord Kelvin Medal in Seoul, South Korea.

Dr. Radasky’s presentation will focus on three severe electromagnetic threats to the US power grid, which include: a HEMP attack produced by the detonation of nuclear device in space; intentional electromagnetic interference (IEMI) produced by a nearby attack using new-technology electromagnetic weapons; and the exposure of the power grid from solar activity producing a severe geomagnetic storm on the Earth. His presentation will review the characteristics of each threat, a summary of how these electromagnetic fields can create upsets and damage to power grid components, and finally, how the power grid can be protected from each of these threats.

REGULAR EVENTS

DISCUSSION GROUP

The Discussion Group meets once a month in the upstairs room immediately following regular luncheon programs. The future topics are:

Oct. 19, Gordon Bjork: **Healthcare**

Nov. 16, Jim Davis: **Predicting Laws and Limits to Growth**

TENNIS

The tennis group plays doubles four times a week on a private court off 122 Patterson Avenue, behind the office buildings, starting at 7:45 a.m. Mondays, Wednesdays, Thursdays and Fridays. All tennis players are invited. Contact Harrison Stroud at (805) 653-5117, stroud@hotmail.com or Jim Subject at (805) 964-2020, jsubject@aol.com.



GOLF

Mondays we usually meet at the Santa Barbara Golf Club (Muni). Tee times most often begin at 10:15 a.m. Contact Ron Singer (805) 684-1355 or rsiner916@aol.com by the prior Friday for your tee time. These outings are a great way to gain new members, so invite your friends. We also have games on Wednesdays and Fridays at other area courses. Contact Ron Singer to get on the mailing list. New members can use the website cosmogolfclubsb.com to register and sign up for additional news.



SPECIAL EVENTS

COSMOS GOES TO HAWAII

The Cosmopolitan Club of Santa Barbara invites you and your friends to Hawaii: A trip you can't pass up! It's for golfers and non-golfers alike and will take place on the exciting the Kohala Coast, just off The Big Island!



COSMOS GOES TO HAWAII cont'd...

Dates: April 4—April 11, 2018 (7 Nights)

Cost: \$1,895 Per Person Guaranteed Deluxe Ocean View Rooms

Note: Airfare is not included with this package

This is what you get at this incredible price:

LODGING MAUNA LANI BAY HOTEL at the Mauna Lani Resort

Seven nights in one of Hawaii's most iconic beachfront hotels in guaranteed deluxe ocean-view rooms. Includes: complimentary parking, complimentary Internet, mini-fridge in every room, fitness center access and all applicable taxes.

COMPLIMENTARY ACTIVITIES : • Hula lessons • Bicycles to explore the resort • Jogger's amenity station • Historic tours of petroglyphs • Educational fish and turtle feeding tours • Twilight at Kalahuipua'a • Hawaiian weaving classes • Ukulele lessons • Floral lei making classes • Sand volleyball

CAR: ALAMO VEHICLES - Each double occupancy accommodation will select a 7-Day Alamo full-size or standard vehicle. Four persons may share one Alamo minivan. Also includes: unlimited miles, all applicable taxes/fees/surcharges and one additional driver at no additional charge.

GOLF: Four rounds of golf with shared cart, all applicable taxes, range balls and unlimited use of the practice facilities. Course selection: Mauna Lani South GC, Hapuna GC at Mauna Kea, Mauna Lani North GC, Mauna Kea GC GOLF HAWAII CARD included for additional discounted golf and the "Spirit of Golf" Academy, as well as spa & dining benefits.

NON-GOLFER BENEFITS: Non-golfers will receive a special three-day spa package at the sensational Mauna Lani Spa, and the Grand Circle Island bus tour.

FOOD & BEVERAGE: This group package includes a four-course dinner at one of Hawaii's finest restaurants—Red Water Café. Taxes and basic gratuities are included, but not alcoholic beverages.

PRICING (confirmed as of Sep. 2017): Prices are per-person/double-occupancy: 7-Nights: \$1,895 [air additional] guaranteed deluxe ocean view room.

Suggested flight to book:

April 4, 2018 Leave

Hawaiian Air Lines: Flight 61 Los Angeles to Kona Non-Stop Leave 11 AM Arrive 2:05 PM.

April 11, 2018 Return

Hawaiian Air Lines: Flight 62 Kona Hawaii to Los Angeles Leave 3:35 PM Arrive 11:55 PM

Package for Singles: Singles will be lodged in Premium 2- or 3-bedroom condo/villa units on or near the Mauna Lani Resort at a price commensurate with the double-occupancy price for those lodging in the hotel. Each single will have a spacious private bedroom with bath.

Deposit of \$295 pp required to hold space • Balance \$1,600 due Feb. 1, 2018 • Cancellation penalties will apply thereafter.

Not included: Air, vehicle insurance and fuel, room and golf gratuities, golf beyond four scheduled rounds, and food and beverage beyond one dinner

COSMOS GOES TO HAWAII cont'd...

Need your commitment by December 1, 2017. We have minimums that we must meet for this incredible price!

To reserve your spot:

1. Make a \$295 deposit check to the Cosmopolitan Club of Santa Barbara.
2. Mail your check to Ron Singer at 3375 Foothill Rd, #916, Carpinteria, CA 93103.
3. Include the following information with your check:
 - First and last name
 - Address
 - Email
 - Designating whether you are a golfer/non-golfer

For more information, please contact RON SINGER at 805-455-4942 or email him at Rsinger916@aol.com.

We hope you can join us for this amazing experience!



AIR BUS SPECIALS

The Santa Barbara Airbus has many 1 day events to interesting venues in So. Cal. In the past many Cosmo members have taken advantage of Airbus events. If you are interested in any of the following events check out sbairbus.com for details. To reserve by phone, call 964-7759.

Thurs. Oct. 19, 2017 Santa Anita Race Track (lunch included) \$77

Thurs. Dec. 7, 2017 Hearst Castle and Morro Bay (buffet dinner included) \$117

Mon. Jan. 1, 2018 The 128th Annual Rose Parade (breakfast and grandstand seating included) \$179

If you are interesting in the charging LA Dodgers, there are many day trips. Check out the Airbus website for information.

COSMO GOES TO THE SYMPHONY

Granada Theater

November 19, 2017

By popular demand, classical guitarist virtuoso Pablo Sainz Villegas returns as the Santa Barbara Symphony's first ever Artist-in-Residence at the Granada Theater on November 18, 2017. He will perform Rodrigo's sensuous Concerto Aranjuez in addition to a concerto composed expressly for Mr. Villegas by fellow Spaniard Lorenzo Palomo. Other pieces on the program are:

Bizet: L'Arlesienne Suite No. 2

De Falla: El Amor Brujo Suite.

Art Kvaas has reserved a block of tickets down front in the Orchestra Section at half price (\$45). Tickets must be purchased by November 1st's Cosmopolitan's Club meeting from Mr. Kvaas.



HOLIDAY DINNER-DANCE — COMING SOON

Al Mercado is entering the planning stage for this year's Holiday Dinner-Dance. The date will be announced soon. Get your Arthur Murray lessons out of moth-balls.

Proposed for Membership

Sandra Hull Seale

4120 Cresta Avenue

Santa Barbara, CA 93110

Ph. 805.403.3113

Sponsors: Charles Greene and Don Chalfant

Sandra is the current Director of Development for the La Cumbres Observatory in Goleta. She is a graduate of Princeton University and M.I.T., where she earned her BSE and PhD in Civil Engineering, respectively. A dedicated member of her community, Sandra is currently a board member of the Land Trust of Santa Barbara and Board Chair of the Dos Pueblos Engineering Academy Foundation. In her spare time she enjoys travel, cooking, knitting, yoga, and hiking. By joining Cosmo she hopes to make new friends and use her many connections to bring excellent speakers to future meetings.

LAST MEETING: September 21, 2017

Ken Cullen and Dave Hughes handled the ticket sales while the punchbowl host was Jim Gravitt. The audio-visual team included Bob Weber and Orlando Ramirez. Ken Wolf was the Sergeant-in-arms. The invocation was provided by Curt Whiteman.

Notice from the Ticket Committee

The Ticket Committee has two openings for volunteer ticket sellers. Please call Manny Espig if you wish to check this out: (805) 954-2142

Wine Drawing

A '13 Westerly Estates "Fletcher's White" was a continuation of Bob Zimels' winning ways. (Cosmos, rest assured, this was not a fix!)



Curt Whiteman took home a '14 Lucas and Lewellen Pinot Noir.

Welcome Our Guests

Bill Berry and Manny Espig presented the two guests:

Liz Schierer, an RN from West Palm Beach and avid golfer, was the guest of Ron Singer.

Sandra Seale (see Proposed for Membership section) was the guest of Charles Greene.

LAST MEETING

September 21, 2017

"Leaving Plato's Cave: A Constructive Relationship with Rising China"

Kevin Ryan introduced Eric Ryan, his son and president of Ryan Security Technologies. Eric's company has offices in Santa Barbara, Beijing and five other cities in China. His talk focused on issues of U.S.-China trade, areas of tension between our two countries and each side's perceptions of the other.



Eric described how our view of other countries and cultures is often distorted by the superficial nature of me-

dia, reported in fragments and soundbites. Once we establish a particular narrative, we tend to filter out information that conflicts with it and seek information that supports it.

Throughout history the likelihood of war between a rising power and an established power is high (Thucydide's Trap) but this might not apply to China and the U.S. Our economies are highly entwined and changing now somewhat in favor of the U.S.

Both sides need to understand cultural difference and historical sensitivity in order to communicate intentions clearly between governments and peoples in order to minimize suspicion and anxiety.

China now has a large middle class so that manpower for manufacture is less competitive compared to the U.S. Also, China's emerging middle class has become a major consumer of U.S. (and worldwide) products which is likely to reduce our trade imbalance.

China is also facing enormous social challenges - an aging population, severe environmental degradation, and the absence of health and social security systems - which will require foreign investment and assistance to address.

Militarily, China is not likely to challenge us as a global military rival. But, China's current effort to build its army and navy is directed at regional power, especially to protect sea lanes for commerce.

China is trying to project economic influence the region and improve its access to resources and trade. It recently announced a grand long range economic development plan, "One Belt, One Road", to extend land and sea routes throughout Asia and to Europe. This might be looked upon as a new "Silk Road". This enormously expensive and ambitious pan spanning many countries in some of the least stable areas of the world.

In general, China has been a responsible participant in the world institutions largely established by the U.S. but it wants more influence in keeping with its rising status and economic power. Taken together, all of these factors indicate that a mutually positive future for U.S. and China is entirely possible through smart decisions and strong leadership on both sides.