

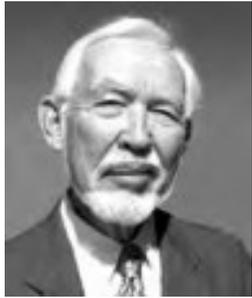


Crackers

COSMOPOLITAN CLUB OF SANTA BARBARA INC.

Vol LXIII No. 9

Editor: Chuck Evans



Next Meeting: **November 2**

Next Editor: Merle Blasjo

Phone: 452-4045

Email: mblasjo@msn.com

Next Sgt.-at-Arms: Vern Kemp

Phone: 618-8694

Email: vernkemp@yahoo.com

In Memoriam

Cosmo was notified on Friday, October 13th, that long-time member Bill Isbell had passed away. His memorial service was held on the following Monday, October 16th. Bill had been a member of Cosmo since 2003. Before his retirement, Bill had a prolific career as a research physicist, internationally recognized for his application of shockwave technologies. From his more humble beginnings, Bill's family still recalls how much he enjoyed his role as Drum Major for the Santa Barbara High School Marching Band and for the University of California Marching Band. Bill was a good man and we mourn his loss.



The Board of Directors approved an incentive program to help recruit new Club Members:

If a current member brings a guest who is a potential new member, the guest will get a free lunch.

If by the next meeting the guest applies for membership, the guest gets another free lunch.

If applicant is approved by the Membership Committee, the inductee gets another free lunch.

The sponsor of the guests should contact the Club President upon arrival and he will provide the lunch voucher for the guest.

Website and Online Membership Roster

Access the Cosmo website <http://sbcosmo.com> for current and archived issues of Crackers.

Don Chalfant and Jim Stubchaer have updated our online system. Members will now be able to access the roster via the normal club website; a "tab" will lead to the password-protected roster. The password will be provided in the email that covers the distribution of the Crackers.

Dress Code

The dress code going forward will be California Casual. Jackets and ties are always welcome, let the weather be your guide.

Cosmo Members Ailing

Gil Ashor continues his convalescence at home. Sandy Jones recently underwent a procedure for atrial fibrillation. He is still in recovery but he hopes to make it to the next meeting.

If you learn that one of our members is ill or injured, please notify Curt Whiteman at 220-6833, whiteman@westmont.edu.

Who Said That?

"A jury consists of twelve persons chosen to decide who has the better lawyer."

—Robert Frost

NEXT MEETING

November 2, 2017

“Three Severe Electromagnetic Threats to the Electric Power System”



Charles Greene will introduce Dr. William A. Radasky, Ph.D., P.E. Dr. Radasky is the President and Managing Engineer for Metatech Corporation. He began his career in 1968 as an officer in the US Air Force, performing research that helped establish the threat level of high altitude electromagnetic pulse (HEMP). Later in his career, Dr. Radasky became the Program Manager for Metatech, during which time the company led the research in determining the threat to the US power system from HEMP. Dr. Radasky also served on the International Electrotechnical Commission (IEC) in Geneva, Switzerland, to develop international standards in protecting commercial systems from electromagnetic threats. For his contributions to the field, the IEC awarded Dr. Radasky with the Lord Kelvin Medal in Seoul, South Korea.

Dr. Radasky's presentation will focus on three severe electromagnetic threats to the US power grid, which include: a HEMP attack produced by the detonation of nuclear device in space; intentional electromagnetic interference (IEMI) produced by a nearby attack using new-technology electromagnetic weapons; and the exposure of the power grid from solar activity producing a severe geomagnetic storm on the Earth. His presentation will review the characteristics of each threat, a summary of how these electromagnetic fields can create upsets and damage to power grid components, and finally, how the power grid can be protected from each of these threats.

November 16, 2017

“After ISIS, What?”

Chuck Curtis will introduce UCSB Professor Emeritus Stephen Humphreys. Dr. Humphrey's teaching and research interests range broadly across Middle Eastern history, from the rise of Islam down to the present. During his tenure at UCSB, Dr. Humphreys taught courses about how Muslim people have defined themselves and their cultural identities over time. In pursuit of his interests he has also travelled extensively in the Middle East, as well as in many parts of Europe and Asia.



For his talk, Dr. Humphreys will argue that the main focus of tension and conflict in the Middle East will now be the Kurdish question, which involves the vital national interests of Turkey, Iraq, Syria, and Iran. Of course all the existing points of conflict will remain--the Syrian civil war, the convoluted relationship between Iraq and Iran, Saudi-Iranian rivalry, etc. The Israel-Palestine conflict is largely a sideshow, though Israeli anxieties about Iran are anything but. In all this, Dr. Humphrey's asks: is there any useful role for the United States, and would we know how to play that role if there is?

REGULAR EVENTS

DISCUSSION GROUP

The Discussion Group meets once a month in the upstairs room immediately following regular luncheon programs. The future topics are:

Nov. 16, Jim Davis: **Predicting Laws and Limits to Growth**

TENNIS

The tennis group plays doubles four times a week on a private court off 122 Patterson Avenue, behind the office buildings, starting at 7:45 a.m. Mondays, Wednesdays, Thursdays and Fridays. All tennis players are invited. Contact Harrison Stroud at (805) 653-5117, stroud@hotmail.com or Jim Subject at (805) 964-2020, jsubject@aol.com.



GOLF

Mondays we usually meet at the Santa Barbara Golf Club (Muni). Tee times most often begin at 10:15 a.m. Contact Ron Singer (805) 684-1355 or rsiner916@aol.com by the prior Friday for your tee time. These outings are a great way to gain new members, so invite your friends. We also have games on Wednesdays and Fridays at other area courses. Contact Ron Singer to get on the mailing list. New members can use the website cosmogolfclubsb.com to register and sign up for additional news.



SPECIAL EVENTS

Lunch at LCC & Opera

Sunday, November 5

Cosmo members are invited to attend the opera "Manon" by Jules Massenet on Sunday, November 5th. The event will start with a luncheon at the La Cumbre Country Club at noon, followed by a 2:30 matinee at the Granada Theatre.

Cost, all-inclusive: Sect. C \$98.00, Sect. D \$71.00. Please make check payable to Frederick R. Sidon. Those interested can give their checks directly to Fred at the Nov. 2nd Cosmo meeting or they can mail it to:

P.O. Box 3983
Santa Barbara, CA 93130



COSMO GOES TO THE SYMPHONY

Granada Theater

November 18, 2017

By popular demand, classical guitarist virtuoso Pablo Sainz Villegas returns as the Santa Barbara Symphony's first ever Artist-in-Residence at the Granada Theater on November 18, 2017. He will perform Rodrigo's sensuous Concerto Aranjuez in addition to a concerto composed expressly for Mr. Villegas by fellow Spaniard Lorenzo Palomo. Other pieces on the program are:

Bizet: L'Arlesienne Suite No. 2

De Falla: El Amor Brujo Suite.

Art Kvaas has reserved a block of tickets down front in the Orchestra Section at half price (\$45). Tickets must be purchased by November 1st's Cosmopolitan's Club meeting from Mr. Kvaas.



Memorial Bench Plaque Ceremony and Celebration: "The Life of Angus MacLean"

Monday, November 6

A ceremony for former Cosmo Member Angus MacLean will be held Monday, November 6th, at 5:00pm at the Santa Barbara Golf Club, 3500 McCaw Avenue at Las Positas, Santa Barbara, CA 93105. A number of Angus's family members will be in attendance. Refreshments will be served afterwards at Mulligan's, a café adjacent to the bench location. **To RSVP, please email Ron Singer at rsinger916@aol.com by Wednesday, November 1st.** A final headcount is needed to order the refreshments ahead of time. Please also let Ron know if you would like to say a few words.

Memorial bench donations from Cosmo members made this gift possible – thank you. If you would like to donate to the Cosmo Memorial Fund, please make a check out to The Cosmopolitan Club of Santa Barbara and send it to Ron Singer at 3375 Foothill Road, #916, Santa Barbara, CA 93013.



Cosmopolitan Golf Tournament

December 6, 2017

Where: Glen Annie Golf Course

First Tee Time: 10:38 AM

Golfers will sign up in pairs; choose your own partner (Axxess Card for each pair).

\$10 per person for prize money.

Pay the \$10 at the course.

We need to know index and partners in advance. Please give this information to our coordinators:

Joel Altshul — E-mail: altschul_joel@yahoo.com

Bill Dial — E-mail: wkdia1@hotmail.com,

Format: Two man scramble.

Total score minus total average handicap (total handicap for pair).

Golfers with handicaps 15 and under will play from white tees, while over 15 will use burgundy (white/red combo).

Closest to the pin contest on two of the par 3's.

Sign up today. Looking forward to a great turnout!



AIR BUS SPECIALS

The Santa Barbara Airbus has many 1 day events to interesting venues in So. Cal. In the past many Cosmo members have taken advantage of Airbus events. If you are interested in any of the following events check out sbairbus.com for details. To reserve by phone, call 964- 7759.



Thurs. Dec. 7, 2017 Hearst Castle and Morro Bay (buffet dinner included) \$117

Mon. Jan. 1, 2018 The 128th Annual Rose Parade (breakfast and grandstand seating included) \$179

If you are interesting in the charging LA Dodgers, there are many day trips. Check out the Airbus website for information.

COSMO GOES TO HAWAII

The Cosmopolitan Club of Santa Barbara invites you and your friends to Hawaii: A trip you can't pass up! It's for golfers and non-golfers alike and will take place on the exciting the Kohala Coast, just off The Big Island!



Note: The minimum number of people have signed up to maintain the offered price of this package, but more are welcome to join us!

Dates: April 4—April 11, 2018 (7 Nights)

\$1,895 per person/double occupancy.

Includes lodging at the Mauna Lani Bay Hotel, 7 day car rental, four rounds of golf, spa treatments, and more.

For all the details, as well as suggested flights, please go to the Crackers Archive on our website and click on the Oct. 5 issue.

Deposit of \$295 pp required to hold space • Balance \$1,600 due Feb. 1, 2018 • Cancellation penalties will apply thereafter.

Need your commitment by December 1, 2017. To reserve your spot:

1. Make a \$295 deposit check to the Cosmopolitan Club of Santa Barbara.
2. Mail your check to Ron Singer at 3375 Foothill Rd, #916, Carpinteria, CA 93103.

3. Include the following information with your check:

- First and last name
- Address
- Email
- Designating whether you are a golfer/non-golfer

For more information, please contact RON SINGER at 805-455-4942 or email him at Rsinger916@aol.com.

HOLIDAY DINNER-DANCE — DECEMBER 5, 2017

Please go to **page 6** of this issue to fill out your reservation form for this year's Holiday Dinner-Dance! Payment instructions are included. (Cost is \$75 per person.)

Proposed for Membership

Hunter Colby McClure
1015 Senda Verde, Apt. C
Santa Barbara, CA 93105
Ph. 805.883.3449

Sponsors: Joe Abram and Vern Kemp

Hunter McClure recently moved to Santa Barbara from Indio, California. He has a Ph.D. in Chemistry and spent his career working on the commercial use of coal and plastic polymers. Hunter also served in the Korean War from 1951 to 1953, earning a Bronze Star and a Combat Infantry Men's Badge. His interests include tennis, hiking and enjoying nature. He hopes to become involved in club activities and bring in new qualified members.

Bill Kelly
7055 Scripps Crescent
Goleta, CA 93117
Ph. 805.218-5451

Sponsors: Ron Singer and John MacKensie

A resident of Santa Barbara since 1979, Bill Kelly is a professional golfer and owner of Profitted Golf Clubs. Prior to making golfing his full-time profession, Bill spent the first 20 years of his career in the US Navy, followed by another 17 years as a Principle Engineer for Raytheon. Bill hopes to join Cosmo and help out wherever needed. He would also be happy to give a luncheon talk entitled "I Can Fix Your Slice in 10 Minutes."

LAST MEETING: October 19, 2017

Ticket sellers were Ray Stauffer and Steve Halsted. The punchbowl host was Gerhart Hoffmeister. The audio-visual team was Bob Weber, Bill Alexander, Jack Patterson and Orlando Ramirez. Vern Kemp was sergeant-at-arms. The invocation prayer was offered by Bill Alexander.

Wine Drawing

Dick Kennelly took home a '14 Babcock Sauvignon Blanc.

A Buttonwood Santa Ynez Valley '11 Merlot went to Faiz Farzand.



Announcement About Membership Dues

Harv announced that the annual dues will be increased after more than sixty years to \$100- per annum.

The dues are due by July 1st 2018.

Welcome Our Guests

Bob Logan introduced the following guests:

Margaret Dodd was hosted by Gerard Kuiken. Her occupation is graphic design. Her interests are photography and writing.

Bill Kelly was hosted by Ron Singer. Learn more about him under the "Proposed for Membership" section.

LAST MEETING

October 19, 2017

"The Mental Health of Seniors"

Thore Edgen introduced presenters J.T. Turner and Katerina Zamyatina, two professionals who work with the elderly and have an interest in mental health.

As a Marriage and Family Therapist, J.T. has worked with a number of elderly clients through his practice. He discussed recent research that found that more than



20% of persons over age 60 suffer from a mental disorder, the most common being dementia and depression. These findings illustrate how growing older can be depressing for a significant part of the population, perhaps due to the deaths of family members or friends, loss of physical ability, pain, loss of status, less financial resources, loss of independence (i.e. no more driving or being able to live alone), or being unable to keep up with technological change such as cell phones and social media. J. T. stressed that it is important that we observe how people complain. If a person says they want to get a rope, or to give you their valuables, you should take it very seriously — perhaps even go to their doctors to follow up.

In terms of treating the elderly, J.T. described how he works with both the individual and the family system, and that the goal is for each to feel that the decisions being made are the best compromise, given differing views.

J.T. also commented on a key to living longer. He said a nursing home staffer told him that ladies in a nursing home who are sweet and don't complain are reportedly the ones who die first, and those who complain regularly live much longer. J. T. finished his portion of the talk by emphasizing to members: by all means, complain!

For the second half of the talk, Katerina discussed dementia. The owner of a number of nursing homes in Santa Barbara, Katerina has had the chance to observe this disease in many of her residents. She mentioned two of the most prominent forms of dementia: Alzheimer's and Lewy Body syndrome. She said 5.5 million people in the U.S. have Alzheimer's dementia and that 2-in-3 people with this disease are women.

Katerina then went on to discuss an important book for her: "Man's Search for Meaning", by Viktor Frankl, a Holocaust survivor. She said it is important to have a sense of purpose. Things that you can do to stay mentally healthy are walking; avoiding obesity; maintaining social connections (i.e. spending time with friends and family); being a wuss (i.e. going to the doctor, complaining, and getting treatment); and getting therapy if depressed or anxious. As Frankl said, live your life as if you were living it a second time. Enjoy it as much as possible. Have one goal each week.

COSMOPOLITAN CLUB OF SANTA BARBARA



Christmas Dinner Dance!

Tuesday, December 5, 2017

La Cumbre Country Club

6:00 pm Cocktails, social hour

No host bar

7:00 pm DINNER with wine



Dancing to the music of: *Pier 101 Band*

Your non-member friends will be welcome!

MENU

Caesar Salad

Choice of:

Grilled Salmon with lemon butter sauce

Or

Sliced Tenderloin to Beef with Morel Mushroom Sauce

With

the special potatoes

Asparagus

Dessert: Panna Cotta with Green Picoche

Price: **\$75pp**

Dress: Formal or cocktail attire



RESERVATION FORM



Name_(print)_____

Salmon

Beef

Spouse or Guest_(print)_____

Seating Preference (if any)

near Dance Floor

quiet location

I wish to be seated with: _____ and _____

and _____ and _____ and _____

Mail form and check payable to Cosmopolitan Club of SB to:
Ron White, 6139 Manzanillo Dr., Goleta, CA 93117 (805-964-9742)