



Crackers

COSMOPOLITAN CLUB OF SANTA BARBARA INC.

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Cosmo Joins Facebook

Cosmo now has its own Facebook page: <https://www.facebook.com/CosmoClubSB/>. You can also find a link to it on our homepage. All posts will be public, so that even members who have not yet joined Facebook can see our posts; however, if you have already joined Facebook, be sure to “like” our page and “share” our posts. If you have any questions or suggestions, please contact Editorial Assistant Eric Torbet at torbet@do-right-solar.com.

Cosmo Marketing Committee

The Marketing Committee is encouraging all current members to recruit additional members. Please go to www.sbcosmo.com and click on one of the four links at the bottom of the homepage, which include: a recording of a radio program interview with current members; a link to the Club email where prospects can request information about applying; a link to a downloadable Membership Application; and a link to review the Club’s Constitution. We hope all of these tools will help in our recruiting efforts.

Cosmo Members Ailing

If you learn that one of our members is ill or injured, please notify Curt Whiteman at 220-6833.

Free Lunch Guidelines for New Members

To streamline the issuance of the free guest luncheon tickets, the president will pre-approve a number of luncheon chits and give these to the guest-intro desk manager (guest manager). A qualified guest will fill out the guest form with the sponsor. The guest manager will determine the guest’s eligibility and provide the chit with his/her name on it and the name of the host/sponsor. Also, at this time, the guest manager will provide each guest with a brochure and an application for membership.

If the guest attends the following scheduled luncheon meeting and hands in a completed application, he/she is entitled to a lunch chit for that meeting.

As in the past, a new member is provided a lunch chit at his/her new member introduction and will be seated at the president’s table with the primary sponsor. This ticket will be provided by the president. The ticket sellers must understand that no lunch tickets will be provided without cash, check or a signed lunch chit.

Website and Online Membership Roster

Access the Cosmo website <http://sbcosmo.com> for current and archived issues of Crackers. A link will lead to the password-protected roster. The password will be provided in the email that covers the distribution of the Crackers.

Dress Code

For our regularly scheduled luncheon meetings California Casual dress will be the preferred style year around. Let the weather be your guide.

Upcoming Meetings

January 3, 2019

“Allergy in the Elderly”

Joe Abram will introduce Dr Myron I. Liebhaber, MD, an Allergy, Immunology and Pulmonary specialist, to discuss "Allergy In The Elderly". A native of Arizona, Dr. Liebhaber spent ten years in Tucson's University of Arizona where, in addition to his BA, he earned a Master's of Science and Doctor of Medicine degree.



In 1972, Dr. Liebhaber started his residency at Stanford University Hospital, specializing in pediatrics, and becoming Co-Chief Resident in 1975. This was followed by a two year fellowship in Allergy, Immunology and Pulmonary Diseases under Dr Norm Lewiston in Palo Alto.

In 1977, Dr. Liebhaber joined Sansum Clinic, where he has been serving the allergy and immunology needs of the community for the past 41 years. During this time he has also served as Director of Camp “Wheez,” a day camp for asthmatic children, which he help found with sponsorship from the American Lung Association and the Sansum Foundation.

An author on over 30 scientific papers, Dr. Liebhaber served on the Board of Cottage Health Systems from 1996 to 2007. He was President of the Santa Barbara County Medical Society in 2002 and it's Physician of the Year in 2009. He continues to serve as a Clinical Associate Visiting Professor for UCLA.

Dr. Liebhaber's lecture will discuss the changing picture of allergies in the aged and its relationship to immunology. The importance of pollen counts and its effect on symptoms will be revealed.

January 17, 2019

“New Technologies for Manipulating the Human Genome”

JC Elliot will introduce Dr. Stephen Poole, Associate Professor from the Department of Molecular, Cellular, and Developmental (MCD) Biology at UCSB. The cost of obtaining the first human genome sequence in 1991 was over \$2 billion and took a decade. Today, you can get your genome



fully sequenced in a short while for <\$1,000, and costs will continue to drop. Advances in genetics have identified many genes involved in devastating human diseases, including Huntington Disease, Sickle Cell Anemia, Muscular Dystrophy, and many forms of cancer. New technologies in Stem Cells, Gene Therapy, and Genome Editing are rapidly progressing. Dr. Poole will focus on three of these new technologies: human stem cells, cancer immunotherapies, and CRISPR-Cas genome editing, and their potential use and misuse.

Dr. Poole received his PhD in Biology at the University of California, San Diego. He has been in the Dept. of MCD Biology at UCSB since 1989, serving as Vice-Chair for a number of years and Chair of the department from 2015-2018 . His research has focused on the identification of genes important for embryonic development.

February 7, 2019

“South Africa – A Fragile Bridge Between Africa's Colonial Past and Vibrant Modern Democracy”

John MacKenzie will introduce Cosmo Member Al Anglin. For his talk, Al will describe the many trips he and his wife have taken to South Africa. He will discuss the state of South Africa's economy and townships, as well as the history of apartheid and the ongoing legal battles regarding land ownership. Al will also talk about the scenery, animals and geography of South Africa, including conversation efforts to help with the preservation of national parks. Finally, Al will describe what it was like to be in the country during times of great political upheaval, from the vote of no confidence in the President of the African National Congress (ANC) to an international incident involving the country's former first lady.

Al has been a patriotic guy since he was born in Valley Forge, Pennsylvania. Al and his wife Vangie retired from the state of New Mexico and then taught in California until moving to Kuwait to teach for three years; returning four times to see their classes graduate and visit friends. Then they spent the last ten years of their careers teaching at Santa Barbara City College.

Al and Vangie have traveled to Spain many times. They both speak Spanish and always find someplace new to explore after staying with friends. China, India, Kenya, Zimbabwe, Zambia, Egypt and almost all the middle



eastern countries were much enjoyed. They witnessed the beginning of Gulf War II up close and personal and visited military bases in Kuwait under the auspices of the USO Auxiliary.

Regular Events

Discussion Group

The Discussion Group meets once a month in the upstairs room immediately following regular luncheon programs. The future topics are:

January 17, Kevin Ryan: **What Constitutes Patriotism? Which Actions are Patriotic vs Unpatriotic?**

February 21, Gordon Bjork: **The Rising Cost of Education**

March 21, Jim Davis: **20th Century Revolution in Thinking**

April 18, Gerard Kuiken: **The Class-Caste system in India and the USA**

May 16, Jim Hemmer: **Periods of Climate Change and their Consequences for Western Civilization**

June 20, Bill Veigle: **Thanks for Nothing – Imagination in Physics**

Golf

Mondays we usually meet at the Santa Barbara Golf Club (Muni). Tee times most often begin at 10:15 a.m. Contact Ron Singer (805) 684-1355 or rsinger916@aol.com by the prior Friday for your tee time. These outings are a great way to gain new members, so invite your friends. We also have games on Wednesdays and Fridays at other area courses. Contact Ron Singer to get on the mailing list. New members can use the website sites.google.com/view/cosmosb/home to register and sign up for additional news.

*Ron Singer recently announced January 14 golf and dinner at Santa Barbara Golf club (free dinner to members who are both SB Golf Club members and Cosmo members). Contact Ron for more details.



Tennis

They play doubles four times a week on a private court off 122 Patterson Avenue behind the office buildings. The Cosmo Group starts rallying at 7:45 am Monday, Wednesday, Thursday and Friday. All Club tennis players are invited. Contact Jim Subject at (805) 964-2020, jsubject@aol.com or Joe Abram at (805) 845-8579, jabrammd@gmail.com for additional information.



Last Meeting

December 20, 2018

The ticket sellers were Kev Ryan and Walter Clapp. The punchbowl host was Faiz Faruki. The sergeant at arms was Vern Kemp. Bob Weber and Orlando Ramirez were the audio-visual team. Curt Whiteman provided the invocation.

Wine Drawing

Putt Mills conducted the wine drawing in which Jim Subject won a bottle of 2016 Bogle cabernet sauvignon.



Synopsis

San Marcos High School Madrigal Choral Presentation

John Warnock introduced the program, San Marcos Madrigal Singers, to a large audience of ladies and gentlemen attending the luncheon. He mentioned that it had become a tradition with the Cosmopolitan Club in the Christmas season and that this year, for the first time the group had a new conductor, Eleni Pantages (pictured), who once was part of the group herself. Today was the group's 13th performance and they performed beautifully.

During the ten carols the group sang, several students announced their names, grade levels (ranging from sophomores to seniors) and their interests and accomplishments. It had to be comforting to the audience to



hear what these young people were up to and what they achieved. Aside from the whole choir's achievements, from top notch engagements in the US and abroad, to being invited to the prestigious and competitive choir festival in Orange County next March, individual members were high achievers. All had high scholastic standards, one mentored English, another helped students in Mumbai (India), many had musical accomplishments, such as singing in the Sydney Opera house and Carnegie Hall. A couple had field and track results in pole vaulting and high jump, etc. Collectively, they all made it past the voice auditions at regional and state levels, a testament to the wonderful musical training San Marcos offers its pupils. The Cosmo audience responded enthusiastically to this talented group of young people.

Harv Turner was on hand to capture a few photos of the choir:

